

# Lòmska Rūchenitsa

(Bulgaria)

This is a mixed dance from the villages around Montàna, North Bulgaria.

Pronunciation:

CD: IBLD#8, "Bulgarian Folk Dances—Summer 2001," Band 6.

Cassette: "Bulgarian Folk Dances—Summer 2001," Side A/6.

Rhythm: 7/8 meter (QQS) counted as 1,2,3.

Formation: Mixed open or closed circle, hands joined in V-pos.

Steps and Styling: Face ctr throughout.

## Meas

## Pattern

8 meas INTRODUCTION. No action.

### FIGURE I

- 1 Leap fwd onto R (ct 1); leap fwd onto L (ct 2); leap fwd onto R (ct 3).
- 2 Leap fwd onto L (ct 1); leap fwd onto R (ct 2); leap fwd onto L (ct 3).
- 3 Repeat meas 1.
- 4 Hop bkwd on R (ct 1); leap bkwd onto L (ct 2); leap bkwd onto R (ct 3).
- 5 Repeat meas 4.
- 6 Jump on both ft together in place (ct 1); hold (ct 2); hop on L while kicking R ft diag L (ct 3).
- 7 Jump on both ft together in place (ct 1); hold (ct 2); hop on R while kicking L ft diag R (ct 3).
- 8 Repeat meas 6.

### FIGURE II

- 1-3 Repeat Fig I, meas 1-3.
- 4 Hop bkwd on R (ct 1); leap bkwd onto L (ct 2); leap bkwd onto R while stamping with L heel next to toes of R ft, no wt (ct 3).
- 5 Repeat meas 4.
- 6 Jump on both ft together in place (ct 1); R ft starts "drawing" a circle in the air from fwd to R side (ct 2); lift on L while R ft continues the circle (ct 3).
- 7 Close R ft next to L (ct 1); R ft starts "drawing" a circle in the air from fwd to R side (ct 2); lift on L while R ft continues the circle (ct 3).
- 8 Repeat meas 7.

### FIGURE III

- 1 Leap onto R in place (ct 1); stamp L heel next to toes of R ft, no wt (ct 2); jump onto both ft in place, ft apart one ft (ct 3).
- 2 Close both ft together (ct 1); hold (ct 2); hop on L in place while kicking R ft ahead (ct 3).
- 3-4 Repeat meas 1-2.
- 5 Repeat meas 1.
- 6 Lift on R (ct 1); leap onto L to L side (ct 2); leap onto R next to L (ct 3); leap onto L to L side (ct &).

## Lòmska Rūchenìtsa—continued

- 7 Leap onto R next to L (ct 1); leap onto the L to L side (ct 2); leap onto R next to L (ct 3).
- 8 Step fwd on L heel (ct 1); step fwd on R ft (ct 2); step fwd on L ft (ct 3).
- 9 Step fwd on R heel (ct 1); step fwd on L ft (ct 2); step fwd on R ft (ct 3).
- 10-14 Repeat Fig II, meas 4-8.

Sequence: Introduction—8 meas  
 Fig I—2 times  
 Fig II—2times  
 Fig III—2 times  
 Repeat figures in this sequence to the end of the music.

Presented by Iliana Bozhanova

## Lòmska Rùchenitsa—continued

## 2. Lomska Ruchenitsa

The musical score for "2. Lomska Ruchenitsa" is written in 7/8 time and consists of nine staves of music. The key signature changes throughout the piece:

- Staff 1: G major (one sharp).
- Staff 2: G major (one sharp).
- Staff 3: D major (two sharps).
- Staff 4: D major (two sharps).
- Staff 5: D major (two sharps).
- Staff 6: D major (two sharps).
- Staff 7: D major (two sharps).
- Staff 8: B-flat major (two flats).
- Staff 9: B-flat major (two flats).

Key features of the score include:

- Measures 1 and 2 are marked with a "1" above the staff.
- Measures 3 and 4 are marked with a "2" above the staff.
- Measures 5 and 6 are marked with a "3" above the staff and "x 4" below.
- Measures 7 and 8 are marked with a "4" above the staff and "x 4" below.
- Measures 9 and 10 are marked with a "5" above the staff and "x 4" below.
- Measures 11 and 12 are marked with a "6" above the staff and "x 4" below.
- Measures 13 and 14 are marked with a "7" above the staff.
- Measures 15 and 16 are marked with a "8" above the staff.
- Measures 17 and 18 are marked with a "9" above the staff.
- Measures 19 and 20 are marked with a "1" above the staff.
- Measures 21 and 22 are marked with a "2" above the staff.

## Lòmska Rūchenitsa—continued

1  
2  
10

11  
1  
2

12  
x 4  
13  
x 4

14  
x 4  
x 4  
Fine