

# LUBI-LUBI

(Philippines)

Lubi-Lubi (LOO-bee LOO-bee) is a very popular ballroom folk dance that had its early origin in the provinces of Leyte and Samar. "Lubi" means coconut. This dance, according to Bernardo T. Pedere, derived its name from the song the dancers and spectators customarily sing during the performance of the dance. Its mass appeal is so widespread that many variations have evolved. This version was choreographed by Bernardo T. Pedere from the common steps which he learned from the old people in the town of Burauen, province of Leyte. The dance is usually performed by one or more couples who are scattered informally around the room. However, this version, as it was presented by Mr. Pedere at the 1977 University of the Pacific Folk Dance Camp, has the figures so arranged that it is danced as a social mixer. Any Philippine costume may be worn.

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**MUSIC:** Record: Mico Mx-516-B (45 rpm). 4/3 meter.  
Piano: Francisca Reyes-Tolentino, Philippine National Dances, pg. 161, Silver Burdett, New York, Chicago, San Francisco, 1946.

**FORMATION:** Circle of cpls in closed (ballroom) position. M face CCW, W CW (W back to LOD). The dance moves CCW and may be danced by any number of cpls.

**STEPS and STYLING:** Native Waltz: Step fwd on R (ct 1); step on L close to R (ct 2); step fwd on R (ct 3). Step alternates; may be danced in any direction. Similar to a two-step in waltz meter.  
Waltz (see Steps & Styling, Folk Dance Federation of California, Inc.)  
Sway Balance with a raise: (2 meas) Step on R diag fwd R (ct 1); bring L leg across from L to R in a small semi-circle keeping ft close to floor (ct 2); step on L across in front of R (ct 3). Step on R diag bkwd R, bending body slightly fwd (ct 1); lift L knee in front with toes pointed downward and hold pos while gradually straightening body (cts 2, 3). Arms begin down at sides and move smoothly, palms down, upward to ctr front (about waist level) and outward to open pos diag at sides, gradually bringing hands to chest level, palms up (cts 1, 2, 3, meas 1). R arm moves slightly outward and upward in a curve bringing R hand to an overhead pos while the L arm moves across in front of the body to finish about waist level (cts 1, 2, 3, meas 2). The arm-hand movements should flow. The step may be repeated to L by bringing hands to front ctr (chest level) (ct &).

MUSIC 3/4

PATTERN

Measures

2 meas INTRODUCTION Assume closed ballroom pos.

I. NATIVE WALTZ FWD and WALTZ TURN

Dancers move slightly from side to side while travelling fwd in closed (ballroom) pos.

A 1-4 Beg M R, W L, move in LOD with 4 "native waltz" steps. M moves fwd, W bkwd.

5-8 Beg M R, W L, dance 4 "waltz" steps CW, slowly moving fwd to finish with M back to LOD. A 1 1/2 turn is made so that M is facing RLOD.

9-12 Repeat action of meas 1-4 with W moving fwd (LOD). M bkwd. Release ballroom pos (Ct &, meas 12).

II. SWAY BALANCE WITH A RAISE and M WALTZ AROUND

A 1-8 Beg M-W R, dance 4 "Sway Balance with a Raise" steps. R and L alternately. R and L arm high alternately.

9-12 M: Beg R, move fwd with "Native Waltz" steps (passing R shldr with ptr) CW around ptr to finish in front of next W (new ptr). M finishes facing LOD. Knuckles of fists placed on hips just below waist. Assume closed ballroom pos with new ptr on ct 3, meas 12.

W: Beg R, dance 2 waltz steps in place (R, L). Beg on ct 1, meas 11, turn 1/2 CW with 2 waltz steps to face new ptr. Clap hands out a shldr level to the same

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side as leading ft. Assume closed (ballroom) pos with new ptr on ct 3, meas 12.

III. NATIVE WALTZ FWD, WALTZ TURN

B 1-12 Repeat action of Fig I, meas 1-12.

13-16 Release ballroom hold. Beg R, dance 4 "Waltz" steps sdwd R and L alternately. M knuckles on hips just below waist, W hold skirts.

IV. SWAY BALANCE WITH A RAISE, WALTZ AROUND

B 1-12 Repeat action of Fig II meas 1-12.

13-16 Repeat action of Fig III, meas 13-16 with new ptr. Finish dance after two repeats with bow to ptr. M bends fwd slightly from hips with ft together, knuckles of fists on hips; W holds skirt and bows slightly from hips with ft together.

NOTE: M begins each pattern with R ft. W, when dancing with ptr begins L ft; when dancing alone she begins R ft.