

MAARTGÄSSLER

Switzerland: Kanton Zürich

Source: Werner Graf

Record: EP 17112

Formation: Cpls in a circle, all join hands in W position.
To return to ptr, 8 cps are necessary. Otherwise
it becomes a mixer

CIRCLE

- A1 1-2 2 mazurka steps to the L, start L
3-4 2 waltz-steps in the same direction
5-8 Repeat 1-4
9 Still face CW, take 3 steps bkwd, making $\frac{1}{2}$ turn
on 3rd step so as to face to the R (CCW)
10 3 steps fwd in this direction, making $\frac{1}{2}$ turn on
3rd to face L
11-16 Repeat 9-10 3 more times, for a total of 4
facing each other at the end

SLOW WALTZ

- Ballroom position
A1 1-2 2 side-waltz steps; into ctr and out, start M:L, W:R
rep. 3-4 Full turn CW with 2 waltz-steps, moving in LOD
5-8 Repeat A1 1-4
9-16 Repeat A1 1-8, but the waltz turns are done CCW
and moving against LOD (RLOD) ending with only
 $\frac{3}{4}$ turn, facing each other

STEP=SWING

- B M back to ctr, his R hand holds W L hand, free
hands ob both dancers are on own back
17-18 2 step-swings; M first stepping on L and swinging R
across in front, then stepping on R and swinging
L across
W does the same with opp ftwork
19-20 Balance away from each other and together again
with 2 waltz-steps
21-22 Repeat B 17-18
23-24 With 6 steps both turn under joined hands
M: CCW, W: CW
B1 17-24 Repeat B1 17-24
rep.

166-12

MÄRTGÄSSLER continued

MAZURKA

- A2 1-2 Ballroom position
2 mazurka steps fwd, start M L, W R
- 3-4 Full turn with 2 waltz-steps CW
- 5-16 Repeat A2 3x, for a total of 4

SLIDE AND ARCHES

Hands on hips, facing ptr

- C 25-26 Take 3 small side slide steps to own L, 1 side step L and stamp R ft 2x, ending up facing person who was second over from your own ptr
- 27-28 Link R elbows with this person and starting L making 1 full turn with 6 steps
- 29-40 Repeat the action of C 25-28 3 more times, for a total of 4, but the last time, instead of linking elbows and turning, ptrs give R hands and the M pulls the W twd ctr while he moves out of the circle and with a $\frac{1}{2}$ turn R ends up in an outside circle facing in. At this point the W are in an inner circle facing in, hands joined in high arches, M are standing in outside circle facing in, hands on hips.

GALLOPS INTO CTR

- C 25-26 rep. M takes 3 side gallop steps into ctr, start L, passing under arch at the L side of ptr, 1 side-step L and stamp R 2x
- 27-28 M join hands in inside circle and dance bkwd 6 small steps, start L, expanding their circle and raising hands to make high arches. (W must also move bkwd as the M's circle expands. W finally release hands and put on own hips
- 29-30 W go into ctr with 3 side gallop steps, start L, passing under arch at the R side of ptr, 1 side-step L and stamp R 2x
- 31-32 With 6 small steps bkwd, start L, W back out and all join hands in one big circle

CIRCLE

- C 33-40 rep. Repeat A1 1-8 but at the end, at the last waltz-step, all release hand of neighbor who is not one's ptr, M turns W to her L (CCW) under joined hands

Presented by Carmen Irminger at Maine Folk Dance Camp
1985