

- SOURCE:** A modern German Polk Dance in the classic German quadrille format; first introduced in the U.S. by Paul & Gretel Dunsing.
- MUSIC:** Record: TANZ EP 58112-A
- FORMATION:** Square sets numbered as in American square dancing.
- STEPS:** Walking; Polka (even count polka with slight lift on ct. 2&)

 PATTERN

- Meas
- FIG. I:**
- 1-8 All join hands at sho height & walk 16 steps to the L. (The square should be rounded as much as possible for this FIG.)
- 9-16 Repeat Meas 1-8, circling to the R.
- CHORUS:**
- 1-4 In ballroom dance pos & starting M L, W R, the head cpls (1 & 3) exchange places with 4 polka steps. Cpls turn CW & progress CCW around the inside of the set.
- 5-6 Con't the turning polka to place W in the ctr of the set, back to back.
- 7-8 W remain in ctr while M back to their orig opp pos with 4 walking steps.
- 9-16 Side cpls perform the movements of Meas 1-8, except the first 4 polka steps are around the head W in the ctr.
- 17-24 M with hands swinging easily circle around the W (holding skirts) with 16 walking steps.
- 25 Ptrs join R hands & change places with 2 walking steps. M are now back to back in the ctr with hands at their sides & W are on the outside holding their skirts.
- 26-32 W circle M with 14 walking steps.
- 33-38 Join d hands & do a Grand-R-&-L halfway around the square. (NOTE: The Grand-R-&-L starts with M's backs to ctr).
- 39-40 With R hands joined, circle ptrs with 4 walking steps.
- 41-48 Repeat Meas 33-40 returning to place. (NOTE: With each chorus the heads & sides change places with each other so that you end alternately in your opp pos & at home).

Continued...

FIG. II: (two-hand mill)

1-8 Ptrs join hands straight across (R to L), join R hips tog, stretch out arms to side & walk 16 steps turning CW.

9-16 Repeat Meas 1-8, FIG. II, L hips tog & turning CCW.

CHORUS:

1-48 Repeat CHORUS as described, returning to home pos.

FIG. III: (W's circle)

1-8 W join hands sho high & circle L with 16 walking steps; (make it round)

9-16 Return to home pos circling to R with 16 walking steps.

CHORUS:

1-48 Repeat CHORUS as described, ending in opp pos.

FIG. IV: (M's circle)

1-8 M place hands on each others' shos, lean back (leaning out at the tops & in at the bottoms) & circle L with 16 walking steps, with R ft fwd.

9-16 Repeat Meas 1-8, FIG. IV, circling R with L ft fwd.

CHORUS:

1-48 Repeat CHORUS as described ending in home pos.

FIG. V: (Circle L & R)

1-16 Repeat FIG. I.

End dance with a bow to the ctr of the square.

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Iwyllwild Workshop - 1972