

MAILA BABA KOGOTA - Poland

A Country Dance - Mazur

RECORD: Biscaye 104A

Source: A Polish dance taught to Madelynne Greene by Joe Smiel who learned the dance from Polish dancers in Pennsylvania. It is generally danced by all Polish people.

Eight couples: Couple 1 is a leader and Couple 5 is also a leader.

Dancers form a straight line - Lady on Man's right. Inside hands joined, outside hand on hip.

I. - An accented mazur type of step, start outside foot. Swing inside arms fwd. on first step; back on second step, etc.

Into a Circle - 16 steps: Leader forms the line into a circle moving CCW 2 stamp accent.

The Circle - 16 steps in circle inside hands still joined.

Start the basket:

- 8 steps, all circle R CCW - single circle beginning on R foot. Girls join hands behind the men's back, Men join hands in circle 7th step; on 8th stamp L,R.

Complete the basket:

- Reverse direction start L foot. Men raise joined hands over girls heads and form a basket.

Breakbasket -

8 steps - Couples 1 and 8 break and all dance backwards into straight line (note couples 4 and 5 dance in place to form a straight line
4 forward
4 backward

Musical Break

All sing "Hoy-Don-Ah" as dancers do 16 pas de bas in place swaying as they sing.

Introduction to Polka - 2 Measures

Note: On this music partners face each other and in shoulder waist position form a single line, men facing line of direction.

FORM 2 Circles - 16 Steps

Couples 1 and 5 lead their lines forward and into a counterclockwise direction form 2 separate circles of 4 couples each. The step is a typical bouncy Polish polka, bring the feet up in back on last accent of step.

Maila Baba Kogota (con't)

Gallop Across - changing places

Couples 1 and 3 in ballroom position, the men passing back to back do 8 gallop steps changing places.

Couples 2 and 4 do the same
" 1 and 3 return to place
" 2 and 4 return to place.

No. 1 Man Visits Around the Set

- (a) On 8 polka steps starting on L ft. No. 1 man takes 2 polkas to face lady No. 2 and in shoulder waist position they do a polka step together around set and at 7th and 8th measure the No. 1 man and No. 2 man lifts the lady high into the air.
- (b) Repeat dancing with lady No. 3
- (c) Repeat dancing with lady No. 4
- (d) All couples polka around the set and the men lift their own partners.

Repeat Gallop changing places etc.

No. 2 Lady Visits

Lady No. 2 follows the same procedure as No. 1 man, but she starts polka on her R ft dancing in turn with men No. 5, 4, and 1.

Note: (The two ladies lift the man) Then all polka around set.

Repeat Gallop

No. 3 Man visits

(Same as No. 1) with ladies No. 4, 1 and 2, then all polka around set.

Repeat Gallop figure across set, etc.

No. 4 Lady Visits

Same as No. 2 lady dancing with man No. 1, 2 and 3
Then all polka around set.

Finale: Holding hands in a circle all dancers circle to left with 8 polkas.
Then firmly holding hands the ladies all slide their feet into the center of the circle as the men walk around forming a mill.