

MAILA BABA KOGOTA
(A country dance from Poland)

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- SOURCE: This dance was learned by Joe Smiel from Polish dancers in Pennsylvania & taught by Madelynne Greene at Stockton Folk Dance Camp in 1956.
- MUSIC: Record: BISCAYE 104
- STEPS: Mazur - M starts L, W starts R; small leap onto L, step R beside L, smaller leap onto L. Repeat, start R.
Polka - M starts L, W starts R; hop R & step fwd L, step R, step L; Repeat starting hop L, etc.
- FORMATION: Dancers standing in cpls, one behind the other at ctr back of dance space.
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MUSIC: 3/4 Mazur PATTERN

meas

- 1 - 2 Dancers stand in place, inside hands joined, outside hands at sides.
- STEP I: Use Mazur step, start on outside ft, inside hands joined & held extended fwd until arch is formed.
- 1 - 4 Move fwd 4 mazur steps at which point the first cpl raise inside arms & face ptr, dancing in place as...
- 5 - 16 ...next cpl comes thru arch. That cpl form arch & others follow until all are dancing in place, inside arms held high facing ptr.
- 17 Two stamps in place as all face front.
- STEP II: Use Mazur step, start on outside ft, swing inside arms fwd on first step, back on 2nd step, etc. Outside hands on hips.
- 1 - 16 Cpl now at head of line leads the line into a CCW circle with 16 mazur steps.
- STEP III: Con't Mazur steps.
- 1 - 6 Each cpl now face ctr & join hands in a single circle traveling CCW. Dancers get close together, joined hands held low.
- 7 Release hands & W join hands behind M's backs.
- 8 M join hands in a circle.
- 9 Two stamps in place as M lift arms over W's heads to form basket.

STEP IV: Con't Mazur step, turn feet to L to dance fwd in LOD.

- 1 - 10 Basket circles CW with 10 mazur steps.
- 11 - 18 Cpls at front of basket release hands & move bkwd to open the basket into a straight line facing the front. Center two cpls dance in place.
- 19 Two stamps in place.

MUSIC: 2/4 Polka

- 1 - 2 Dancers release basket hold. Cpls join hands crossed in front (skater's pos) until the gallop. Cpls numbered 1 to 6 from L end of line.

POLKA I: Cpls 2,3,4,5 only dance 8 polkas - M start L, W start R, ptrs move side by side.

- 1 - 8 Cpls 2 & 3 move diag fwd L (cpl 3 going between 4 & 5) & wheel CW about to form a line at L side facing ctr.
- Cpls 4 & 5 at the same time move diag fwd R (cpl 5 going between 2 & 3) & wheel CCW about to form a line at the R side facing ctr.
- Cpls 1 & 6 face each other & move twd ctr on meas 7,8 above.. Then cpls 1 & 6 only dance 8 polkas while others remain in place.

- 9 - 16 Cpl 1 moves down ctr between the lines, goes behind cpl 2 & 3, & assumes head pos facing front.
- Cpl 6 at the same time moves across back & behind cpls 4 & 5, & assumes foot pos facing cpl 1.

POLKA II: All cpls face ctr in ballroom pos.

- 1 - 4 Side cpls do 8 gallop steps changing places, M pass back to back.
- 5 - 8 Head cpls do 8 gallop steps changing places, M pass back to back while side cpls each turn about CCW to face ctr.
- 9 - 12 Side cpls now return home while heads turn about & face ctr.
- 13 - 16 Heads return home & face ctr while sides turn about to face ctr.

POLKA III: Dancers remain in place while not dancing or helping the lifts. Two dancers involved start the polka on first meas (M-L, W-R), on 1st step they dance out to meet, on 2nd step they assume shldr-waist pos & polka around the inside of the square turning themselves CW, on 7th step they reach the travelers' home & the visitor is assisted in lifting his ptr on the 8th meas. Visitor then immediately goes on to the next.

- 1 - 8 M 1 visits W 5 (M 4 & 5 help lift her).
 9 - 16 M 1 visits W 6 (M 6 helps lift her).
 17 - 24 M 1 visits W 2 (M 2 & 3 help lift her).
 25 - 32 All cpls polka around square & back to place in shldr-waist pos.

POLKA IV: Repeat POLKA II, meas 1 - 16.

POLKA V: Repeat POLKA III, meas 1 - 24, but W 6 now visits M 3, M 1, M 4 & is assisted in the lifts with the W involved.

- 25 - 32 All cpls polka around square & back to place in shldr-waist pos.

FINALE: Face ctr & join hands in a single circle.

- 1 - 4 Four polkas turning the circle CW.
 5 - 8 M con't walking CW while W slide feet to the ctr, keeping body stiff & feet together to form a mill.

At end of music M walk to ctr to stand W up.

NOTE: Meas. 1 - 8 in FINALE may be done with cpls dancing freely around the room with 8 polkas in shldr-waist pos.