

DES MAINS BLANCHES
(Leh mehm BLAN-sh)

(French - Canadian)

This dance comes from the Saguenay and Lotbiniere regions of Quebec. Based on original research by Jean Trudel & France Moreau

Translation: The white hands

Rhythm: 2/4

Record: Any French-Canadian "reel" such as "Bonnie Kate" on Legacy LP 120 or Philo 2006 "Parties de Set" etc. or LARIDAINE ML-7801

Formation: 4 couples in square formation, W on M's R.

<u>MEASURE</u>	<u>DESCRIPTION</u>
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INTRODUCTION

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|-------|---|
| 1-8 | Everyone circle to the L |
| 9-16 | Everyone circle to the R |
| 17-32 | Everybody swing ptr. |
| 33-48 | All cpls promenade around set in shldr-waist pos. |

BASIC FIGURE

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|-------|---|
| 1-8 | Men 1 & 3 walk fwd presenting & touching both palms of hands together and then back out to orig. place, meanwhile their lady ptrs. moved to the couple on the R to form a trio. |
| 9-16 | The side "trios" move fwd. present (no touching) and move back to place |
| 17-32 | Men 1 & 3 move fwd, pass each other at R shldr, do an about face CCW and back out to opp. M's orig. pos. |
| 33-48 | The side "trios" also cross over in a similar fashion. |

CHORUS FIGURE

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| 1-8 | Men 1 & 3 swing the lady on the L |
| 9-16 | Promenade that lady (shldr-waist pos) inside the set halfway 'round. |

NOTE: Then it's back to the basic figure, alternating with the chorus figure three more times, until everyone is back to the original place.

TRANSITION

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| 1-16 | Everyone faces ptr and does a grand right-and-left and then the whole dance repeats with M 2 & 4 taking the lead |
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Continued...

LES MAINS BLANCHES
(Continued)

FINALE

- 1-16 When the last two cpls have gone through all the above
 patterns there is a final grand right-and-left
- 17-32 Everybody swing ptr.

Presented by Yves Moreau