

MALOJ MOME
Macedonia, Yugoslavia

Intermediate

RECORD: Festival FR-4015

TYPE: Open circle, hand or belt hold.

INTRODUCTION: Yes

- A. LOD: Beginning with R, walk fwd 12 steps (1234, etc.)
Fwd R, lift L, LRL (123&4).
- B. LOD: Lift on L extending R heel on floor, roll to flat R,
fwd L (1&2). Fwd RLR (3&4).
REPEAT ALL WITH REVERSE FOOTWORK.
- Face ctr: Lift on L kicking R fwd, leap R in place with L knee
up, LRL in place (123&4).
Jump on both feet, hop L (12). RLOD: RLR (3&4).
- RLOD: REPEAT ALL WITH REVERSE FOOTWORK.
- LOD: REPEAT AGAIN, ENDING FACING CENTER.
- C. Face ctr: Lean fwd, relaxed arms extended a little fwd.
Fwd R, L behind R heel, fwd R (1&2).
REPEAT WITH REVERSE FOOTWORK.
REPEAT ALL.
Straighten up: Lift on L kicking R fwd, leap R in
place with L knee up, LRL in place (123&4).
Twizzle* back R and L (12). Hop L, back R, cross L
(3&4).

REPEAT B AND C.

*Twizzle: With feet together, move both heels R, then L.