

MAKEDONSKI SPLET
(Macedonia)

Typical of dances from the area of the Vardar Valley. Danced at festive occasions.

FORMATION: Broken circle, hands joined and held at shoulder height.
MUSIC: Records: (1) Festival Records FR-4012-A (45 rpm)
(2) RTB LP-175 "Tanec". A-1
7/16 meter - 1, 2, 3

<u>Measures</u>	<u>Pattern</u>
6	Introduction
	<u>PART I</u>
1	Facing ctr, moving LOD, step R(ct1). Step L behd R(cts 2,3)
2	Step R, L knee bent and lifted in front of R(ct1). Hold (cts 2,3)
3	Facing ctr, step L crossed in front of R, R knee bent(ct 1). Step R close to L, moving slightly to R side(LOD), (ct uh). Step L crossed in front of R(ct 2). Hold (ct 3).
4-30	Repeat action of meas 1-3, nine more times.
	<u>PART II</u>
1	Moving LOD step fwd R(ct 1). Lift on R, L knee bent and lifted in front of R(cts 2,3)
2	Moving LOD, step L(ct 1). Step R close to L(ct uh). Step L (cts 2,3).
3	Repeat action of meas 1.
4	Repeat action of meas 1, reversing ftwork.
5	Facing ctr, step sdwd on R(ct 1). Step L crossed behind R*
6	Facing ctr, step R to R side(ct 1). Lift on R, L knee bent and lifted in front of R (cts 2,3).
7	Facing ctr, but moving in LOD, step L crossed in front of R (ct 1). Close R to L (ct 2). Step fwd L(ct 3).
8	Facing ctr and moving fwd, step fwd R crossed in front of L (ct 1). Step bkwd L(cts 2,3).
9	Facing ctr, step bkwd R(ct 1). Lift on R, L knee bent and lifted in front of R(cts 2,3).
10-12	Repeat action of meas 7-9, but move fwd twd ctr on meas 7
13	Step sdwd L and sway L, keeping R ft in place(ct 1). Bend and straighten L knee (cts 2,3).
14	Sway twd R, keeping L ft in place(ct 1). Bend and straighten R knee (cts 2,3).
15	Sway twd L, keeping R ft in place(ct 1). Bend and straighten L knee (cts 2,3).
16	Sway R(ct 1). Sway L (cts 2,3)
1-16	Repeat Part II once more.
	<u>PART III</u>
1	Moving LOD, step R(ct 1). Step L (ct 2). Step R (ct 3).
2	Repeat action of meas 1, beg L.
3	Facing ctr, step R (ct 1). Raise and lower L in front (cts 2,3).
4	Repeat meas 3, beg L.
5	Repeat meas 3.

*(cts 2,3)

(cont'd)

Makedonski Splet (cont'd)

- 6 Moving RLOD, step L(ct 1), Hop L (ct 2). Step R (ct 3).
- 7 Step L in place (ct 1). Raise & lower L heel, R knee bent and lifted in front of L (cts 2,3).
- 8 Step R in place (ct 1). Raise & lower R heel, L knee bent and lifted in front of R (cts 2,3).
- 9 Repeat meas 8, beg L.

Repeat action of meas 1-9 to end of music.

First presented by Atanas Kolarovski at the University of Pacific Folk Dance Camp, 1969, Stockton, Calif.