

MAKEDONSKO BAVNO ORO







Translation: Slow dance from Macedonia

Record: XOPO 301

Rhythm: 3/4 - 7/8










Starting Position: "W" position, line dance for men and women. In the old days men danced at the head of the line while the women joined at the end, separated from the men by a handkerchief.

Meas. Part I Melody A




- | | | |
|---|---|---|
| 1 | 
 | Facing slightly and moving R, step fwd on R ft (ct 1).
Step fwd on L ft (cts 2,3). |
| 2 | 
 | Step fwd on R ft, turning to face ctr (ct 1).
Swing L ft across in front of R leg, L knee slightly bent (cts 2,3). |
| 3 | 
 | Step sdwd L on L ft (ct 1).
Swing R ft across in front of L leg, R knee slightly bent (cts 2,3). |

Repeat pattern of meas. 1-3 until music changes.

Part II Melody B

- | | | |
|---|---|--|
| 1 | 

 | Facing ctr, step on R ft in place (ct 1).
L knee straight, tap L heel fwd and slightly L (ct 2).
L knee straight, tap L heel directly fwd and parallel to R ft (ct 3). |
| 2 | 

 | Step on L ft in place next to R (ct 1).
R knee straight, tap R heel directly fwd and slightly L (ct 2).
A small leap on R ft sdwd R and slightly back (ct 3). |
| 3 | 

 | Cross and step on L ft in front and to R of R ft,
L knee bent (ct 1).
Step sdwd R on R ft (ct 2).
Cross and step on L ft in back of R (ct 3). |

Part III Melody C 7/8

- | | | |
|---|---|---|
| 1 | 

 | Facing ctr, step sdwd L on L ft (ct 1).
Cross and step on R ft in back of L (ct 2).
Small leap sdwd L on L ft, bending L knee to cross and swing R ft sharply in front of L (ct 3). |
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MAKEDONSKO BAVNO ORO (Cont)

- 2 ♩ Step sdwd R on R ft (ct 1).
 Cross and step on L ft in back of R (ct 2).
 ♩ Small leap on R ft next to L in place (ct 3).
 ♩. Cross and step on L ft in front and to R of R ft
 (ct 3&).
- 3 ♩ Step sdwd R on R ft (ct 1).
 ♩ Cross and step on L ft in back of R (ct 2).
 ♩. Small leap sdwd R on R ft, bending R knee, to cross
 and swing L ft sharply in front of R (ct 3).

Pattern sequence: Part I, Part II, Part I, Part II,
 Part III.

Description by Dennis Boxell.

Presented by Dennis Boxell