

MANANG BIDAY
(Philippines)

MANANG BIDAY (MAH-nahng bee-DAY) is a popular love song in the Ilocos region on the island of Luzon. Its lively melody makes it a favorite among the younger folks. BIDAY is a girl's name. Obviously, the song is an outpouring of affection by a gentleman admirer. The simplicity of this dance makes it suitable for children.

Costume: Dancers are dressed in typical Ilocano peasant costume.

Music: Record: VILLAR RECORDS, Philippine Folk Dances, Vol. XI, Side 1, band 6. 3/4 meter.

Formation: Ptrs stand about 6 ft apart, facing each other. W stands at R side of ptr when facing audience. Any number of cpls make take part in this dance.

Steps and Styling: Bleking Step: Touch R heel fwd (cts 1,2); step R close to L (ct 3); step alternates.
Native Waltz: Step fwd on R (ct 1); step L near R (ct 2); step fwd on R (ct 3). Step alternates. (This is similar to an ordinary Two-step.)
Touch Step: Point R diag fwd (cts 1,2); step R close to L (ct 3); step alternates.

Hand Movements: Arms in Lateral Position: Arms at one side, either sdwd R or L. This may be done at shldr, chest, or waist level.
Kumintang: Moving the hand from the wrist either in CW or CCW direction.

MeasPattern

FIGURE I. (Ptrs face each other.)

- 1-2 Two Bleking steps (R,L). W holds skirt, M hands on waist.
- 4-6 Beg. R, two Waltz steps fwd to meet ptr at ctr (two meas), and two Waltz steps bkwd to orig pos (two meas). Arms in lateral pos moving sdwd R and L alternately.
- 7-8 Three-step turn CW in place. Hands as in meas 1-2.
- 9-16 Repeat action of meas 1-8.

FIGURE II. (Ptrs face front.)

- 1-2 Beg. R, two Waltz steps fwd. Kumintang R hand, L hand on waist on the first meas. Reverse pos of hands on second meas.
- 3-4 Two Touch steps in front (R,L). Hands as in meas 1-2 (Fig. I).
- 5-6 Repeat action of meas 1-2 (Fig. II), moving bkwd to orig place.
- 7-8 Repeat action of meas 7-8 (Fig. I).
- 9-16 Repeat action of meas 1-8 (Fig. II).

Note: The dance may be repeated as many times as desired.

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