

MANFRINA

Island of Korčula, Croatia

2/4 time

Couples in a circle man inside, women outside facing CCW LOD

Couples hold inside hands, in front, just above waist level.

Men's left hand at waist, woman's right on hip.

Section A "Promenada"

Walk 24 (12 measures) steps in LOD starting with right foot

Section B Preparation

(Gradually facing partner)

Step right, step left, step right, small bounce on balls of feet

Repeat preparation step moving lightly away from partner

Step right, step left, step right, small bounce on balls of feet

Section C

(quick quick slow step) ♪ ♪ ♪

Measure 1 Step backwards right, bounce both, step right

Measure 2 Step backward left, bounce both, step left

Measures 3-4 Turn about yourself once 2 qqs steps

Measure 5 Bow to partner

Repeat measures 1-5

Note: This dance was researched and originally taught by Milan Oreb, folklorist from the Island of Korčula. I learned this dance from Zeljko Jergan when I was a member of the Vela Luka Croatian Dance Ensemble of Anacortes, Washington.

From the Library of John Anthony Morovich

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