

MANITOU

Two Step

Record: Shaw No. 3303 - 33-1/3 rpm

Formation: Circle of couples in closed dance position facing LOD

Footwork: Opposite throughout (M's L. W's R)

Measures:

- 1-4 **HEEL-TOE; HEEL-TOE; SIDE-CLOSE, SIDE-CLOSE; SIDE-CLOSE, SIDE -;** In the position described above, starting M's L (W's R), touch L heel out to L side, and then touch L toe near R instep; repeat; step to L on L foot and close R to L, and repeat; step again to L on L and close R, and step again on L and take weight on L.
- 5-8 **HEEL-TOE; HEEL-TOE; SIDE-CLOSE, SIDE-CLOSE; SIDE-CLOSE, SIDE -;** Repeat Meas. 1-4, starting twd R on M's R foot, and stepping twd R on measures 7-8.
- 9-16 **TURNING TWO-STEP FOR EIGHT MEASURES;** If it has not previously been taught, the turning two-step should be taught at this point. Point out that the side-close side of measure 4 is a basic two-step, and have the dancers do this measure alternately to the left and to the right until they have the feeling of it. Then, if the M will step slightly forward and to the left, turning slightly R face as he does the left-close-left, and slightly backward and to the right as he does the right-close-right, he will find himself making one complete revolution in two measures (W doing the opposite, of course). At the same time he is making progress down the hall in LOD.

Note - It should not be mandatory to remain in circle formation. An alternate "teaching" routine for these 8 measures: In semi-closed pos., 2 fwd two-steps, then 2 turning two-steps, 2 fwd two-steps, and 2 turning two-steps. This provides the dancers with an opportunity to "re-group and start again" after the turning two-step.