

MARIANA

(Béarn, France)

One of the many "sauts" done in Béarn, France. Learned in France, summer 1990.

FORMATION: Individual dancers in a circle facing CCW. Hands are not joined, but rest at one's side. Dance steps are called by a leader in the circle.

STYLE: Styling is up on balls of feet/half toe except for walking steps.

STEPS: Steps used in the dance are: Abans, Simple, Marcar, Virar Dus Cops, Simple Tres

METER: 6/8

PATTERN

Meas

INTRODUCTION - 2 meas

PART I ABANS (ah-BAHNS) 4 times

- 1 Facing LOD, step fwd on R ft (cts 1,2,3); step fwd on L ft (cts 4,5,6)
- 2 Step slightly sdwd R on R ft while "cutting" L ft across and in front of R ft leading with R heel (cts 1,2); step sdwd L on L (ct 3); close R to L (cts 4,5,6)
- 3 Step slightly sdwd L on L ft while "cutting" R ft across and in front of L ft in place (cts 4,5,6)
- 4-12 Repeat Meas 1-3 three more times (4 total)

PART II SIMPLE (SEEM-pluh) 4 times

- 1 Facing LOD, step fwd on R ft (cts 1,2,3), step fwd on L ft (cts 4,5,6)
- 2 Step fwd on R ft and turn 180 degrees CCW to face RLOD while "cutting" L ft across and in front of R ft leading with L heel (cts 1,2); step on L ft in place (ct 3); step on R ft in place (cts 4,5,6)
- 3-4 Repeat meas 1-2 with opp ftwk and direction
- 5-8 Repeat meas 1-4 of PART II (SIMPLE)

PART III MARCAR, VIRAR DUS COPS, SIMPLE TRES

A. MARCAR (MAR-cah)

- 1 Facing LOD, point R ft diagonally R (cts 1,2,3); close R ft to L ft (cts 4,5,6)
- 2 Repeat meas 1 with opp ftwk and direction

B. VIRAR DUS COPS (BEER-ah doose cops)

- 3 Step on R ft turning 180 degrees to face RLOD, while "cutting" L ft across and in front of R ft leading with L heel (cts 1,2); step on L ft in place (ct 3); step on R ft in place (cts 4,5,6)
- 4 Repeat meas 3 with opp ftwk and direction

C. SIMPLE TRES (SEEM-pluh trace)

- 5 Facing LOD, step fwd on R ft (cts 1,2,3), step fwd on L ft (cts 4,5,6)
- 6 Step fwd on R ft and turn 180 degrees CCW to face RLOD while "cutting" L ft across and in front of R ft leading with L heel (cts 1,2,3); step on L ft in Place "cutting" R ft across and in front of L ft leading with R heel (cts 4,5,6)
- 7 Step on R ft in place "cutting" L ft across and in front of R ft leading with L Heel (cts 1,2); step on L ft in place (ct 3); step on R ft in place (cts 4,5,6)
- 8-14 Repeat PART III meas 1-7 with opp ftwk and direction.

Repeat entire dance from beginning.

Presented by Marilyn Smith at the Laguna Folkdancers Festival 2004