

MARKLÄNDER
German Folk Dance
Record FOLK DANCER MH 1051

Markländer

FORMATION: Couples in a circle, Lady to Right of Man, facing counterclockwise.
STEP: Schottische step is done by taking 3 walking steps forward followed a hop....RLR hop on R, LRL hop on L.

PART 1: In ballroom position do 2 schottische steps starting on the outside foot. (Man's L, Lady's R). Move so that both dancers will be moving one schottische to center of circle, the second away from center. Now turn clockwise, but moving counterclockwise around the ring with 4 step-hops.

Drop hands and stand side by side, facing counterclockwise, place hands on own hips. Do a schottische step sideways away from partner and another towards partner. Take ballroom position and do 4 step-hops turning around the ring.
REPEAT ALL OF PART 1.

PART 2: Stand side by side and join inside hands. Begin with outside foot, Man's L, Lady's R. Take 2 step-hops forward swinging joined hands forward then back. Then turn inwards towards partner to face opposite direction and change hands. Now move backwards still in a CCW direction with 2 more step-hops (beginning on Man's L, Lady's R foot). Take ballroom position and turn with 4 step-hops, (Hands are free in part 2 instead of on hips.).
REPEAT ALL OF PART 2.

PART 3: Side by side, partners cross hands in front. Lady has to quickly shift weight so that both dancers start on the Left foot now. Take 2 schottische steps forward, starting on L foot, then follow through with 4 step-hops. Repeat this whole sequence again.

PART 4: Change hands into a Varsovienné position and do 2 schottische steps forward beginning on the L foot. Then hold L hands only as you drop R hands. Both take 4 step-hops, the man moving straight forward as the Lady moves forward and around and in front of the man to finish standing to his Left. There she will place her Right hand behind Man's shoulders to take a Varsovienné position. She will be slightly in back of him but still to his Left. In this position take 2 schottische steps forward. Drop Right hands again and man moves forward and in front of Lady to his original position to Left of Lady and in so doing both take 4 step-hops.

PART 5: Man takes 2 schottische steps in place, hands on hips. Lady takes 2 schottische steps forward, (running away from man). Then as Lady turns to Right with 4 step-hops, the man catches up to her with two schottische steps. Both take ballroom position and do 2 schottische steps and 4 step-hops as in Part 1. Now the Lady takes 2 schottische steps in place as the man runs away from partner! forward with 2 schottische steps. He turns with 4 step-hops as Lady takes 2 schottische steps to catch up to him. Take ballroom position and turn with 2 schottische steps and do 4 step-hops as in Part 1.

Repeat entire dance from beginning. Record ends with Part I done again.