

Martakan Lorke

(Armenia)

Translation: "Martakan" = battle, "Lorke" means a rocking up and down movement.

Source: Traditional men's dance from Van, a town in Vaspourakan, east of Van Lake in east Turkey (former West Armenia). Taught by Artushat Karapetian, Yerevan.

Pronunciation:

Music: "Hayastan-Armenian Dances"

2/4 and 6/8 meter

Formation: Lines, hands joined, arms in "V" position, facing center.

Style: Strong movements.

Meas Cts

Pattern

INTRODUCTION. None or wait 12 meas.

FIGURE I. (2/4 meter)

- | | | |
|-------|-----|---|
| 1 | 1 | Place L slightly fwd diag L, L ft turned out, both knees bent. |
| | 2 | Heel bounce on both ft, knees stretched. |
| | & | Heel bounce on both ft, knees stretched. |
| 2 | 1 | Bend both knees |
| | 2 | Close L beside R, ft parallel in a closed pos, knees stretched. |
| 3 | 1 | Chug fwd on L diag to L, L knee bent, while R ft is sharply lifted beside L knee, the torso leaning fwd. |
| | 2 | Step on R, knee bent. |
| 4 | | Repeat meas 3 with opp ftwk and direction. |
| 5 | | Repeat meas 3. |
| 6 | | Repeat meas 4, end facing LOD. |
| 7 | 1 | Step on R sdwd to R, R knee bent, ball of L ft stays on floor, torso leaning bkwd, arms coming to a "Debka pos" (L hand on back). |
| | 2 | Step on L across R, torso coming to an erect pos. |
| 8 | 1-2 | Repeat meas 7, cts 1-2. |
| | ♩ | Small hop on L. |
| 9 | 1 ♩ | Come down on L, while R ft touches beside L, torso leaning fwd. |
| | & ♩ | Step on R diag to R, moving LOD, knee bent. |
| | 2 ♩ | Step on L diag to L, moving LOD, knee bent. |
| | ♩ | Small hop on L. |
| 10-11 | | Repeat meas 9 twice. |
| 12 | 1 | Step on R, torso coming to an erect pos, turning 1/4 CCW to face ctr. |
| | 2 | Hop on R, L ft at R calf level, arms coming back to "V" pos. |


FIGURE II.

At the end of the previous meas, a slight hop on R (♩).

- | | | |
|------|---|---|
| 1 | 1 | Touch L beside R, torso leaning fwd. |
| | & | Accented step on L to L, L knee bent. |
| | 2 | Step on R in place, R knee bent. |
| 2 | 1 | Touch L heel fwd to floor (knee stretched), torso leaning bkwd. |
| | 2 | Step on L beside R, both knees bent, torso leaning fwd. |
| 3-12 | | Repeat Fig I, meas 3-12. |

Martakan Lorke - continued

6/8 METER.

Use the same steps, 1 ct now stands for .

Alternate the two figures as directed by the first dancer of each line.

Description written by Tineke van Geel
Presented by Tineke van Geel