

MARYNIA

Poland

This progressive dance for children was learned in Poland in 1963 by Lucy Wnuk. It was taught to her by Agnieszka Sądźmir, folk instructor at the Cultural Center in Warsaw. Marynia comes from the Wielkopolska region in north-western Poland.

MUSIC: Record: Bruno BR50129 "Śląsk"- Vol. 5, Side B, Band 5 (Pasala Wolki)

FORMATION: Single circle of cpls in ballroom pos, M facing LOD, joined hands held straight out at shoulder level.

STEPS: Walk*, Step-Close*

*Described in volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, Inc., 1095 Market Street, San Francisco, California.

Notes by Dick Oakes

MUSIC 2/4

PATTERN

Measures

1-8

INTRODUCTION

I. TO CTR AND BACK (I)

- 1 Ptrs face slightly twd ctr and walk two steps starting outside ft. Joined hands held straight out.
- 2 Stamp outside ft (ct 1); hold (ct 2).
- 3-4 Repeat action meas 1-2 on opp direction using opp ftwork. M L and W R arms bent at elbow, hands joined across chest.
- 5-8 Assume shoulder-waist pos, R shoulders adjacent. Starting M L, W R, walk 8 steps CW high on balls of feet, ending with cpls facing ctr, W to R of M.

II. HOOK ELBOWS

- 1-4 Dancers hook elbows in large circle and dance 4 step-closes in LOD.
- 5 Point R toe diag fwd to R (ct 1); Step on R next to L (ct 2).
- 6 Point L toe diag fwd to L (ct 1); Step on L next to R (ct 2).
- 7-8 Repeat action of meas 5-6.

III. TO CENTER AND BACK (II)

- 1-3 Assume ballroom pos as in formation and dance 3 step-closes twd ctr.

Continued...

4 Step swd to ctr - M L, W R (ct 1); Stamp with wt - M R, W L (ct 2).
5-8 Repeat action of meas 1-4 in opp direction using opp ftwork.

IV. HOOK ELBOWS

1-8 Repeat action of Fig II, meas 1-8.

V. TO CTR AND BACK (II)

1-8 Repeat action of Fig III, meas 1-8.

VI. W TURN - PROGRESS

1-2 Cpls raise joined hands and W turns CW under them with 4 walking steps to end facing M. M step 4 times in place.

3-4 Drop joined hands and, passing R shoulders, walk 4 steps to new ptr - M in LOD, W in RLOD.

5-8 Repeat action of Fig I, meas 5-8.

Continue dance with Fig II.