

Mastika (Turkey)

METER 9/8 [12] [12] [12] [1] [12]
 S S S Q S

FORMATION: Open circle with arms in W position

INSTRUCTIONS:

Bar 1. Facing LOD, lift on L (S), step R in LOD (S), step L in LOD (S), bounce on L foot, lift R knee (Q), Step R (S)

Bar 2 Repeat Bar 1 opposite foot work, but still in LOD

Bar 3 Turning to face center, do the same footwork as bar one, but staying in place

Bar 4 Do same foot work as bar 2, but in place facing center.

QUICKNOTES®

Bar 1 S S S Q S
 L R L L R
 lift step Step lift Step
 ● → → ● →
 Facing and traveling in LOD

Bar 2 S S S Q S
 R L R R L
 lift step Step lift Step
 ● → → ● →
 Facing and traveling in LOD

Bar 3 S S S Q S
 L R L L R
 lift step Step lift Step
 ● ● ● ● ●
 Facing center

Bar 4 S S S Q S
 R L R R L
 lift step Step lift Step
 ● ● ● ● ●
 Facing center

notes by Andrew Carnie, June 1998.