

## The Mayflower

(Scotland)

The Mayflower is a progressive dance in jig time devised by Pat Kent. It was presented at the 1982 University of the Pacific Folk Dance Camp by Joseph Wallin, a noted teacher of Scottish dance, from Nova Scotia.

RECORD: EMI SZLP Side B/5 "Ashludie Rant" 6/8 meter  
Any 32 bar jig such as Tacsound TAC 002 (33) Side B/2

FORMATION: Circle of cpls, ptrs facing, M with back to ctr. Arms held naturally down at sides.

STEPS: Bow and Curtsey: M: Bow from the waist, back straight, hands at sides and looking at ptr.  
W: Small step sdwd on R; touch ball of L close to heel of R ft and bend both knees, keeping body erect while looking at ptr; return to orig pos taking wt on L. Skirt may be held between thumb and middle finger, elbows almost straight and wrists bent fwd a little.

Set: Pas de Basque R and L.

Pas de Basque: Leap on R, knee and toe turned out (cts 1-2); step on ball of L near R with L heel close to R instep and toe turned out (ct 3); step on R in place extending L diag fwd L, toe pointed twd and close to floor, knee straight and turned out (cts 4-6). Step alternates.

Skip Change of Step: Low hop on L lifting R ft fwd with toe pointing down, knee turned out (ct 6 of preceding meas); step fwd on R (cts 1-2); step on L close behind R, L instep close to R heel (ct 3); step fwd on R (cts 4-5). Step alternates. A sequence of steps always starts with hop on L and stepping fwd on R.

Promenade Position: Ptrs side by side facing in same direction, W to R of M. Hands joined in front, R in R, L in L, with M R arm above W L arm.

STYLING: Hold body erect, chest high, with arms naturally at sides. Dance on balls of ft with knees and toes turned out. When inactive, stand in place with heels together and knees and toes turned out.

Skip Change of Step is used throughout dance except when setting to ptr.

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### MUSIC 6/8

### PATTERN

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#### Measures

Chord INTRODUCTION M bow, W curtsey to ptr.

1-2 Set to ptr.

3-4 Change places with ptr, giving R hands in passing.

5-8 Repeat meas 1-4 returning to orig pos.

9-16 W dance a Figure of Eight: Pass R shldr with M to the R, dance around him, pass between that M and own ptr, dance behind ptr and back to place. M stand in place.

17-24 M dance a Figure of Eight: Pass R shldr with W to the R, dance around her, pass between that W and own ptr, dance behind ptr and back to place. W stand in place. On meas 24 both turn 1/4 to face LOD (CCW) and join hands in Promenade Pos.

25-28 Dance in LOD. At end of meas 28 M stop and stand in place with back to ctr.

29-32 W continue in LOD, passing one M. Finish facing 2nd M (counting from ptr) ready to start dance again.

Dance repeats seven more times, each time with a new ptr.

Chord M bow, W curtsey to newest ptr.