

MAYIM (WATER) (Circle Dance) FOLKRAFT RECORD # 1108-A

Folk Origin: This dance is supposed to convey the movement of water, of waves, of going towards the well, and also the joy of discovering water in an arid country.

The group stands in a circle facing center, hands joined and down.

PHRASE I. Four circasia combinations to the left.

Each circasia combination consists of

- a. Place right foot in front and across left (accent of right foot)
- b. Bring left foot along side right foot
- c. Place right foot in back, across left foot, to the left
- d. ~~Step on~~ left foot, ~~along side~~ right foot (step on d.)

PHRASE II. All take four steps toward center of circle, lifting hands gradually, accentuating first step by a deep bend. Then all take four steps backwards, away from center, lowering hands, again accentuating first step by deep knee bend. Repeat the steps toward and away from center.

PHRASE III. All face left and take four running steps towards the left starting with the right foot.

PHRASE IV. While hopping on right foot, tap with left foot to right side of right foot. Then tap with left foot to left side of right foot. This combination is done four times.

PHRASE V. While hopping on left foot, tap with right foot to left side of left foot. Then tap with right foot to right side of left foot. Clap hands on odd beat. This combination is done four times.

This entire dance is repeated several times accelerating tempo.