

MAYIM

Side One

MAYEEM

Formation: Join hands in circle, face center, move cw.

- PART ONE**
- 1-4 Mayeem step, start R, cross in front over L
 - 5-16 Three more Mayeem steps
 - 17-20 Four steps fwd toward center of circle.
Start R, raise arms
 - 21-24 Four steps bwd, start R, arms down
 - 25-32 Repeat 17-24
- PART TWO**
- 1-4 Face cw. Four running steps, start R
 - 5-12 Face center of circle. Hop 8 times on R.
On uneven counts point L fwd toward center,
on even counts point L to left side
 - 13-20 Release hands and reverse 5-12. Clap on
uneven counts, four times



MAYEEM

Ushavtem mayeem besason
Mi mayney hayeshuah.
Mayeem besason.

Therefore with joy shall ye draw water
Out of the wells of salvation.

Music: E. Amiran
Lyrics: Isaiah
Arrangement by Dov Seltzer