

LA MAZURCA MEXICANA - Mexican Couple Dance

Introduced by: Al Pill at Stockton Folk Dance Camp, 1966.

Taught to us by: Vyts Beliajus in his workshop at Folk Dance Center 1966.

Record: Peexless 45 rpm

FORMATION: Couples facing CCW around room. M on inside of circle to L of W.
Inside hands joined. M free hand behind his back. W holding skirt
with her right hand.

Music: 3/4 meter, waltz rhythm.

PART I BALANCE WALTZ STEP AWAY, TOGETHER, THREE STEPS FWD AND STAMP.

Meas

- 1 Using opposite footwork, M beginning L, W with R, dance light balance step away from partner.
- 2 Balance waltz step towards partner.
- 3 Three running steps forward.
- 4 Turning to face partner, M stamps on R, W on L (ct. 1), hold (cts 2-3)
- 5-16 Repeat pattern of measures 1-4 three more times, but on last stamp, do not shift weight.

PART II VARSOUVIENNE POSITION, CHANGE OF PLACE, WINDOWS.

Meas

- 1 Man changes hand hold to varsouvienne position, and pulls his partner in front of him and to his left. Girl does not turn. M begins with R and takes three small steps moving towards outside. W begins with L and takes three small steps moving towards center.
- 2 Partners have changed places. M Points L toe to partner. W points R toe. Partners have raised L hands high, and R hands low to make the window. Partners are now facing each other.
- 3-4 Repeat this action in reverse, with man crossing behind W with three small steps, L,R,L, and pointing R foot. Woman begins with R foot and moves in front of M, R,L,R, and points her L toe. Partners have changed back to original places, with M on inside, W on outside of circle. R hands are high, L hands are low. Hands remain joined all through this part.
- 5-16 Repeat action of measures 1-4, three more times (part II)

PART III VALSEADO (WALTZ), IN PLACE AND TURNING.

Turning face to face, partners assume modified ballroom hold, with M holding W upper arm, with his R. W holds man's arm with her L. Other hand is held as normally for ballroom hold.

- 1-8 Eight springy action waltz steps, M beginning again with L and stepping forward (ct.1), closing on Ct.2, and stepping in place on count 3. W does the reverse. On second waltz measure, M steps back on count 1 with R. Closes L to R on ct. 2, and steps in place with R on count 3. W does reverse.
- 9-16 Couples dance 8 more springy action waltz steps, turning once around each other CW.