

# La Mazurka

## Yucatan

#OF

STEPS STEP

CHOREOGRAPHIC MOVEMENT

- 4 4 Waltz, 4 palmados w/ partner Enter Diagonal  
1, 2, 3 - 1, 2, 3  
R, L, R - L, R, L  
BALL, BALL, BALL - BALL, BALL, BALL
- 16 Waltz Loop & line up, X and return  
1, 2, 3 - 1, 2, 3  
R, L, R - L, R, L  
BALL, BALL, BALL, - BALL, BALL, BALL
- 8 X Sencillo, Brush Back Point Move to Side by Side  
1-2, 3, 4-5, 6 - 1-2, 3, 4-5, 6  
R-L, R, L, L - L-R, L, R, R  
STAMP-X STEP, STAMP, BRUSH BACK, BACK  
POINT - STAMP-X STEP, STAMP, BRUSH BACK,  
BACK POINT
- 8 Picados Side by Side  
1, 2-3, 4, 5, 6- 1, 2-3, 4, 5, 6  
L, R, L, R, L - R, L, R, L, R  
STAMP, PICADO, STAMP, SLIDE BACK, STEP  
STAMP, PICADO, STAMP, SLIDE BACK, STEP
- 16 Tap Hop Step Loop down, X and return  
1-2, 3 - 1-2, 3  
R-L, R - L-R, L  
TAP FRONT-HOP, STEP - TAP FRONT-HOP, STEP
- 2 4 Waltz, 4 palmados w/ partner Circle Partner  
1, 2, 3 - 1, 2, 3  
R, L, R - L, R, L  
BALL, BALL, BALL - -BALL, BALL, BALL

## La Mazurka

Mexico - Yucatan

This mazurka is from the region of Yucatan, Mexico. It is a slow paced dance with the dancers holding their arms in a high W formation typical of the Yucatan. The soft touching of the palm reflects the European morays about touch between partners of the lack thereof. The Mazurka has transformed over the years into the Picado with a gentle lift of the foot.

The verses are sung in the native Yucatecan language.

Pronunciation: la ma-ZUR-ka

Translation: The Mazurka

Music: La Mazurka on the Viviana Acosta Statewide CD or Yucatan traditional

Formation: Couples start side-by-side with the man standing to the right of the woman.

Both man and woman have their arms raised in a high W position.

The woman may have a rebozo wrapped around her arms.

Meter: 3/4

Measure: Pattern

No introduction.

- I. Waltz and Palmado (touching palms of partner)
  - 1-4 Begin with weight on left foot. Both use the same footwork.  
Starting with right foot take 4 waltz steps in place  
Step on R to R (ct 1), step on ball of L slightly behind R (ct 2), step on R in place (ct 3)  
Step on L to L (ct 1), step on ball of R slightly behind L (ct 2) , step on L in place (ct 3)  
Step on R to R (ct 1), step on ball of L slightly behind R (ct 2), step on R in place (ct 3)  
Step on L to L (ct 1), step on ball of R slightly behind L (ct 2) , step on L in place (ct 3)
  - 5-8 Repeat the 4 waltz steps but then turn inwards toward partner and touch  
partner's palm lightly, first R palms, then L palms, then R palms, then L palms
  - 9 - 32 Repeat meas 1-8 three times. (Pattern done a total of 4 times)
- II. Waltz
  - 1 - 16 Using 16 waltz steps as described in pattern I, separate from palms with partner, and turning slightly CW, both the man and woman move CW in one large circle approximately 1 ½ times, ending with the man standing to the left of the woman.
- III. Cross Sencillo Brush Back Point  
Women lower arms to side. Men have right hand down at side, left behind back
  - 1-2 Stamping step R with weight (ct 1), hop or lift on R (ct 2) step on L crossing in front of R (ct 3),  
step back on R (ct 4), brush L back while hopping or lifting on R(ct 5),  
point L diagonally behind R (ct 6)
  - 3-4 Reverse meas 1-2
  - 5-16 Repeat meas 1-4 three times. At end of fourth time, take weight on R.
- IV. Picados ("Mazurka" step)
  - 1-2 Step back on L (ct 1), raise R leg slightly in front (ct 2), step R slightly forward (ct 3), step slightly back on L (ct 4), slide back on R (ct 5), step on L slightly forward (ct 6)
  - 3-4 Reverse meas 1-2
  - 5-16 Repeat meas 1-4 three times.
- V. Tap, hop, step  
Both raise arms into W position.
  - 1-2 Moving slightly forward  
Tap with R foot forward (ct 1), hop on L (ct 2), step R on R (ct 3),  
Tap with L foot forward (ct 4), hop on R (ct 5), step L on L (ct 6)
  - 3-4 Tap with R foot forward (ct 1), hop on L (ct 2), step R on R (ct 3),  
Tap with L foot forward (ct 4), hop on R (ct 5), step L on L (ct 6)
  - 5-16 Repeat meas 1-4 three times turning individually CCW and ending with man to the left of the woman
- VI. Waltz and Palmado
  - 1-16 Repeat meas 1-16 of pattern I but it is done in a small circle moving CW.

Disclaimer: The notes for this Mexican dance were re-written in approximate Federation format from

dance notes submitted by the master teacher. Where there are questions, please refer to the teacher's original notes or the teacher's DVD.