

MECHOL KALAHAT (Dance of Places)

Dance: Danny Uziel
Music: Gilad

PART ONE

The music is written in 2/4. Count: One; and; two; and;

- M 1 : R fwd; bend R knee; L fwd; bend L;
M 2 : R fwd; L fwd; R fwd; Bend R knee;
M 3 : L fwd; Bend L knee; R fwd; L fwd;
M 4 : R fwd; bend R knee; Close L to R; hold;
M 5 : Face center of circle. R to right; (diagonally fwd) bend R knee; L to right;
(diagonally fwd) bend L knee;
M 6 : R fwd; bend R knee; close L to R; hold;
M 7-8 : Repeat M 5-6 to other side. start with R, crossing over L in front.
(Diagonally fwd)
M 9 : Face CCW. Step-hop R fwd; Step-hop L fwd;
M 10 : R fwd; L fwd; Step-hop R fwd;
M 11 : Step-hop L fwd; R fwd; L fwd;
M 12 : Step-hop R fwd; close L to R; hold; (on hold take 1/2 turn to left side)
M 13-16: Face CW; Repeat M 9-12

PART TWO

- M 17 : Face circle center. R fwd; bend R knee; L crosses in front over R; bend L knee;
M 18 : Slide fwd on L (2 counts) close R to L; hold;
M 19-20: Repeat M 17-18
M 21 : Step-hop on R in place; (lift L bend fwd) Reverse;
M 22 : 4 steps in place RLRL (body bend fwd)
M 23-24: Repeat M 17-18
M 25 : Release hands. Clap; hold; clap; hold;

Musical notation for the dance, showing measures 1 through 25. The notation is written on a single staff in 2/4 time. It is divided into two parts: PART I (measures 1-16) and PART II (measures 17-25). PART I includes measures 1-4, 5-8, 9-12, and 13-16. PART II includes measures 17-20, 21-24, and 25. The notation uses eighth and quarter notes, rests, and bar lines to indicate the rhythm and phrasing of the music.