

German

MAZURKA
(Mecklenberg)

RECORD: T 6121

FORMATION: Regular dance positions men with backs to center of circle.

ACTION:

Part I: One mazurka step forward (step on man's L - lady's R, with a slightly bended knee, accenting this first beat, step on other foot, then hop on same foot, kicking man's L and lady's R toward ankle of hopping foot - 3 counts)

Step forward on man's L - lady's R, close up other foot and pause 3 counts.

Repeat all of above.

Waltz in regular dance position (4 waltz measures)

Repeat all of above.

Part II. Open Waltz position.

Waltz forward (outside foot) swinging arms forward and back two measures. Separate, lady turning R and man L away from each other one waltz measure. On the second, come together with 3 claps.

Repeat - only this time instead of clapping, join in regular dance position again and run three steps forward.

Repeat all of this part.

Part III. Repeat Mazurka step as in Part I.

Part IV. Open Waltz position.

Open waltz is repeated as in Part II, without the clap, making a little bigger "walk around". Then the second half, after doing two open waltz steps, take regular dance position and turn in place counter-clockwise with 6 steps.

Repeat Part IV.

Continue dance with Part I and II to finish it. Part III only occurs once during the dance. You will enjoy this most if you dance it with leisure and with no flourishes. It is so lovely just as it is - and so relaxed.

This will remind us of the dance we call "Black Forest Mazurka" which was one of the first German dances to be introduced to this country.