

Mei Hanchalim

(Israel)

Mei Hanchalim, meaning “water from rivers,” was choreographed by Avner Naim to music by Henry Barter.

Pronunciation:

CD: D. Edery–Israeli Folk Dance—1999 4/4 meter

Formation: Circle, facing ctr, hands joined in V-pos.

Cts Pattern

INTRODUCTION

PART I

- 1-2 Step on R to R; step on L across in front of R.
- 3-4 Step on R behind L, bring L with round movement to L and around back.
- 5-6 Step on L behind R; step on R to R.
- 7-8 Step on L across in front of R; hold.
- 9-10 Sway R and L.
- 11-12 Step low across on R in front of L; step on L in place (behind R).
- 13-16 Step CCW on R; Mayim step with L moving in LOD.
- 17-32 Repeat cts 1-16.

PART II

- 1-3 Facing ctr, turn 1 1/4 to R with R, L, R, ending facing CCW.
- 4-5 Step fwd on L, bending knee; step on R behind L, moving L into ctr.
- 6-8 Turn 1 1/4 to L into ctr with L, R, L, ending facing ctr.
- 9-12 Step-bend fwd and bkwd with R, L.
- 13-14 Turn bkwd through R with R, L, ending facing away from ctr.
- 15-16 Step-bend bkwd with R.
- 17-20 Full turn fwd and away from ctr with R, L, R; step fwd on L.
- 21-22 Step on R behind L; step on L to L, turning to face CCW.
- 23-24 Turn 3/4 to R, moving out, with R, L, ending facing ctr.
- 25-30 Double Cherkessiaya from side to side, beginning with R to R, L across in front of R.
- 31-32 Full turn to R in LOD with R, L.

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