

MEXICAN MIXER  
(Mexican-American) O

Record: Express 45 rpm

Formation: Circle of couples, man's back to center, upper arm hold, rounded. When hands are free, man clasps his behind his back, and girl holds onto her skirt.

Meter: 4/4

Cts.

1-8 Couples take 1 schottische step to man's left (CCW), and one schottische step back to place.

1-8 Couples now do 4 step-hops around each other.

1-16 Repeat all the above once again.

1-16 Couples release arm hold. Man bends over slightly and claps his hands as the woman does 1 schottische step away from the center of the circle (L shoulder is toward center), and one schottische step back to partner. She then turns in place in front of her partner with four step hops.

1-16 Girls now clap hands as man does 1 schottische step towards the center of the circle (R shoulder is toward center), and one schottische step back towards partner. Men then do 4 step hops by turning to their right and progressing in the line of direction to a new girl (girl to his right).

Dance is repeated.

Note: A schottische step consists of a step, step, step, hop. Thus, in this dance a schottische step to the right would be a step to the right on the right, close left to right (or cross in front), step right to right, and hop right. A schottische step to left would be the reverse of this.