

MEZAREI YISRAEL
(Israeli)

Source: ^{Gurith} Gurith Kadman

Record: Israel Music Foundation "Third" Series LP - 7

Formation: Line of dancers, Hs joined. Leader stands to R end of line. Dancers face the bk of leader. (File formation.)

Meas. Pattern

3/4 and 4/4 tempo

Figure I

- A. 1 Step on R ft (ct 1&). Brush fwd with L ft (vigorous lifting the body) (ct 2&). ^{LEAP} Jump onto L ft (ct 3&).
- 2 Repeat steps of meas 1.
- 3 Beginning with R ft, 4 quarter note running steps R-L-R-L.
- 4-6 Repeat steps of meas 1-3.
- A. Repeats Repeat meas 1-6 (4 combinations in all).

4/4 and 2/4 tempo

Figure II

- B. 1 Step to R side with R ft (ct 1&). Hop on R ft (ct 2&). Close L ft (ct 3&). Hold 1 quarter note (ct 4&).
- 2 Repeat steps of meas 1.
- 3 (Grapevine). Row Formation . . . Step to R side with R ft (ct 1&). Cross L ft in front of R (ct 2&). Step to R side with R ft (ct 3&). Cross L ft in bk of R (ct 4&).
- 4 Step to R side with R ft (ct 1&). Cross L ft in front of R (ct 2&). Close R ft (ct 3&). Hold 1 quarter note (Can be called 7 ct-hold).
- 5-6 Repeat steps of meas 1 and 2.
- 7 (Grapevine)
Step to R side with R ft (ct 1&). Cross L ft in front of R (ct 2&). Step to R side with R ft (ct 3&). Cross L ft in bk of R (ct 4&).
- 8 ~~Light close with R ft (keep weight on L ft). (ct 1&).~~
~~Hold 1 quarter note (Can be called 5 ct-hold). (ct 2&).~~

Step R to R ct(1&), bring L to R with light stamp (ct 2&)

--presented by Rivka Sturman

--notations prepared with assistance of
Florence Freehof

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