

172-64

MEXICAN MIXER

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A Tex-Mex Dance presented by Nelda Drury, noted Mexican Dance Authority at various camps.

MUSIC: Any good Mexican polka, such as "Las Perlititas" AFLP 1898 Viva Mexico; "Atotonilco" Columbia EX 5110 Mariachi! The Sound of Mexico. Other usable records are RCA Record on LPM 1619 or the 45 RPM of same: Vienna Two-Step.

FORMATION: Couples in a circle, in promenade position, facing line of direction. Hands are crossed in front, girl's R hand in man's R, L in L.

PART I: Man starts on L foot, woman on R. Take 4 steps in line of direction: turn to face partner but continue in same direction. Step to side with L foot, step with R behind L, step with R behind L, step with L to L. Woman does same but starts with R foot.
(To make this easier to teach, use this technique: Walk 4 steps (CCW around the ring) forward; without dropping hands, turn inward and face the other direction and walk backward, still moving in CCW direction around the ring with a 1, 2, 3, touch outside toe).

Now repeat all of Part I in opposite direction with man starting on R foot, woman on L foot.

Finish PART I facing partner joining R hands.

PART II: Single circle formation with all holding partner by R hand and the other person by L hand.

All balance fwd and back (men will be moving away from center, women toward the center).

Now hold R HANDS only with partner and with that person turn halfway around. Then rejoin hands in a single circle formation again. This time men are facing center, women have back to center.

Balance fwd and back again, but this time turn L HAND person by L hand half-way around, and this will be your NEW partner.

Immediately cross hands with this new partner and begin dance, moving fwd side-by-side as in PART I.

Do the steps in a strutting Mexican manner: Have Fun.

Presented by Nelda Drury at Maine Folk Dance Camp 1983-1986

Record available from: FOLK DANCE HOUSE
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