

Mia Kori

(Thracian Greece)

Mia Kori (Mia Kori mia Diavatissa) is a simple three-measure dance (a little like a Pousteno step, but done in 9/8) from the Thracian region of Greece, here with a simple in-and-out refrain added.

Music: Mia Kori mia Diavatissa

Rhythm: 9/8 (1-2, 3-4, 5-6, 7-8-9, or "short-short-short-**long**," counted here as "one-two-three-**four**," and sometimes as "one-two-three-four-and," that is, 1-2, 3-4, 5-6, 7, 8-9.)

Formation: Open circle, leader on R. High handhold ("W.")

Style: There can be a slight hop (čukče) before the step on the "1" of each measure.

METER: 9/8

PATTERN

Meas

1-8 Introduction – no dance

I. SONG VERSE – To the R

1 Facing and moving diag R: Step on R ft to R (1), step on L ft, crossed behind R (2), step on R ft to R (3), step on L ft crossed in front of R (**4**).

2 Turning to face ctr: Step on R to R (1), step on L ft crossed in front of R (2), step on R ft in place (3), kick L ft fwd, fairly straight L knee (**4**).

3 Continuing to face ctr and dancing in place: Step bkws on L ft (1), step on R ft next to L (2), step on L ft crossed in front of R (3), hop on L ft, raising R heel behind you (**4**).

4-6 Repeat meas 1-3.

7-8 Repeat meas 1-2, but instead of kicking L ft fwd on ct 4 of meas 8, hop on R ft (4) and step on L ft crossed behind R ft (&).

II. REFRAIN - (Moving in and out of the circle)

1 Facing and moving twds ctr: Step on R ft fwd (1), step on L ft fwd (2), step on R ft fwd (3), hop on R ft (4), step on L ft fwd (&).

2 Continuing to face and move twds ctr: Step on R ft fwd (1), step on L ft fwd (2), stamp R ft diag R and fwd, w/o taking wt (3), stamp R ft slightly fwd on floor, w/o taking wt (**4**).

3 Continuing to face ctr, but now moving away from ctr: Step on R ft bkws (1), step on L ft bkws (2), step on R ft bkws (3), hop on R ft (4), step on L ft bkws (&).

4 Continuing to face ctr but moving away from ctr: Step on R ft bkws (1), step on L ft bkws (2), stamp R ft diag R and fwd, w/o taking wt (3), stamp R ft slightly fwd on floor, w/o taking wt (**4**).

(5-8) (Repeat meas 1-4 one more time during those instrumental refrains which are 8 meas long – which is not every time but every other time.)