

Miad Delia

Macedonia

This dance is from Svet. Nikole, near Skopje. It is done on many occasions, wedding, picnic, slava etc.

FORMATION: Mixed line or open circle with “V” hold

RHYTHM: 12/16 (1,2,3 - 4,5 - 6,7 - 8,9 - 10,11,12)

METER: 11/16

PATTERN

Meas

Part 1

- 1 Facing diag. to R, Slight lift on L (ct. ah); Step on R fwd (cts. 1,2); Step on L next to R(ct.3); Step on R fwd (cts.4,5); Step on L fwd (cts 6,7); Step on R fwd (cts.8,9); Lift on R(cts.10,11); Step on L fwd (ct.12)
- 2 Repeat Meas. 1
- 3 Arms up in “W” hold, facing ctr., Slight lift on L (ct. ah); Step on R in front of L (cts. 1,2); Slight hop on R (ct.3); Step on L in place (cts.4,5); Lift on L (cts.6,7); Step on R in place (cts.8,9); Step on L in place (cts.10,11); Step on R in place (ct.12)
- 4 Repeat Meas.3 with opp. fwk and direction
- 5-6 Repeat Meas.3-4
- 7-12 Repeat Meas. 1-6

Part 2

- 1-2 Repeat Part 1, Meas. 1-2
- 3 Arms up in “W” hold, facing ctr., Step on R toe in front of L (ct. 1); Step on L in place (ct. 2); Step on R toe to R (ct.3); Step on L in place (cts.4,5); Repeat Part 1, Meas.3, cts.6-12 (cts.6-12)
- 4 Repeat Meas.3 with opp. ft and direction

*Dance description by Fusae Senzaki, © 1997 by Fusae Senzaki
Presented by Atanas Kolarovski at the Laguna Folkdancers Festival 2002*