

MİÇO  
Couple Dance

**Source:** Learned from various members of the Turkish National Ensemble in Ankara, Turkey, including Mr. Ugur, Mr. Şinasi, and Miss Nesrin. Also taped and filmed at the source in the city of Çorum in Central Turkey, which is a transitional area between the Zeybek styles of the west and Halay styles of the east. The dancers sing in praise of the girl Miço and encourage her to "pick up her sleeves to dance and play."

**Formation:** Couples in a circle facing ctr, women on the right of ptr. Hands joined and held at shldr ht. When moving LOD, body is bent slightly fwd.

**Rhythm:** 2/4

Meas                    INTRODUCTION

1-16                    Wait in line. Dance starts with singing

STEP I - WALK

1                    Facing ctr and moving to R, step R to R as hands move up and fwd in a circle  
2                    Step L behind R, finishing circle with hands  
3-16                Repeat meas 1-2, eight times total

STEP II - HOP

1                    Hands continue to circle as in Step I, hop on L lifting R in frt (ct 1), step on R (ct 2)  
2                    Step L behind R. (This is hop-step-step)  
3-16                Repeat meas 1-2, eight times total

STEP III - CLAP

1-2                Continue hop-step-step as in Step II. Still facing ctr and moving to R, but leaning more fwd, release handhold. L remains down as you raise R close to chest. Keeping fingers pointing twds floor, pass hands and clap during meas 1. During meas 2 return hands to position at start of step.  
3-16                Repeat meas 1-2, eight times total

STEP IV - TRAVEL LOD

1                    With the shout, "hoppaaa," turn to face LOD and put own L hand behind your waist, palm out. Moving fwd in LOD, step R, swinging R hand fwd (ct 1), lift L in front and arch body slightly back (ct 2)  
2                    Bounce on R (ct 1) and step L, swinging R hand back and leaning slightly fwd (ct 2)

continued

MİÇO (continued)

<u>Meas</u>	<u>STEP IV (continued)</u>
3-22	Repeat meas 1-2 ten times, total of eleven
	<u>Transition for Men</u>
23	Step on R and swing R hand upward and start to turn to L
24	Hop on R as you turn in air to L and end in squat, facing LOD and your ptr
	<u>Transition for Women</u>
23	Step on R and swing R hand upward
24	Hop on R and turn to L 180° and end in squat, facing RLOD and your ptr
25-26	With most of wt on R, each leans to L and clap hands at chest ht
27-28	With most of wt on L, each leans to R and clap hands at chest ht
29-30	Clap both hands with ptr's and rise; W make 180° turn to R to face LOD
31-38	Repeat meas 1-2, total of four times.

SEQUENCE

At end of Step IV, immediately face ctr and start moving hands in circle and begin dance again from Step I. The sequence as written is done three complete times. After the third complete time, do not go back to Step I, but continue Step IV, meas 1-2 to end of music

MİÇO

//Yastık attım bostana//  
//Miço gele yaşlana//

Chorus: //Can kurban canan kurban//  
//Miço gibi yosmaya//  
//Hop Miço hopla Miço//  
//Şalvarı topla Miço//

//Miço gimin kızıdır//  
//Alma da kırmızıdır//

Chorus

//Miço ardından gelir//  
//Testi yakından gelir//

Chorus

*Bora Dökül*