

## 1960 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Dave Rosenberg

MIGNON  
Finnish

- SOURCE:** As learned from Sirkka Viitanen and Hilikka and Jussi Williams, Helsinki, Finland.
- RECORD:** Folk Dancer MH 2007 "Finnish Waltz" is suitable.
- FORMATION:** This is an oldtime Finnish ballroom dance, which is still popular at dances in Helsinki. It shows the influence of the French dancing masters who traveled all over Europe during the 19th century.

Couples stand in a circle, all facing counterclockwise. Men are on inside of circle. Hold inside hands at shoulder height (man's right, girl's left); man's left hand is flat (wrist straight) against left side of lower back (oldtime dance position); girl's right hand holds her skirt. Dancers move around the circle counterclockwise.

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 Pattern
 

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## PART I. STEP SWING AND TURN AWAY

Step on outside feet (man's left, girl's right), and swing inside feet forward as both rise up on outside feet. (Toe of foot that is swung should point forward and down.) Step on inside feet and swing outside feet.

Turn once around, each moving away from partner (boy turns to his left, girl to her right), with two waltz steps. Man puts both hands behind back, girl uses both hands to hold skirt.

Repeat the step swings and turn away.

## PART II. "STEP DRAW STEP" AND WALTZ

Take regular ballroom dance position, man's back to center of circle. Starting on man's left and girl's right, move forward around the circle (counterclockwise) with a "step, draw, step." Then move back the other way with a "step, draw, step." (Man steps left, draws right foot up to left foot, pointing toe of this trailing foot, then steps on left foot. He moves in opposite direction, right left, right. Girl mirrors his action.)

Take four waltz steps turning and moving around circle counterclockwise.

Repeat entire dance.