

MIKITA I

(mĭ-kĭ-tah)

(Dance for 4 men)

Translation: Perhaps derived from the Lithuanian word miklyti meaning "to exercise vigorously" as they do in this dance, or perhaps from the Dzuku dialect word meaning a "young bear cub".

Record: Folkraft LP-35 (side A band 3) — 2:22.

Formation: Two pairs of men, each pair holding between them a rod about 8 feet long.

MIKITA, continued

Music 2/4

Measure

FIGURE I (Music AABB)

- 1-8 Each holding end of rod in right hand, eight POLKA STEPS moving counterclockwise around a small circle. During measures 2, 4, 6 and 8 raise stick and turn right once around under the rod while circling. At the end change rod from right hand to left hand.
- 9 JUMP on both feet in place (count 1), HOP on left foot and raise right leg to pass rod from left hand to right underneath leg (count 2).
- 10 JUMP on both feet in place (count 1), HOP on right foot and raise left leg to pass rod from right hand to left underneath leg (count 2).
- 11-16 REPEAT measures 9-10 thrice (4 times in all).

FIGURE II

- 1-8 Place rods parallel on floor and, with hands on own hips, eight POLKA STEPS moving in a counterclockwise circle around the rod, turning right while circling.
- 9-12 STEP-HOP on left foot on right side of rod (counts 1-2), STEP-HOP on right foot across in front of left, on left side of rod (counts 3-4), and . . . repeat (counts 5-8), moving forward toward middle of rod.
- 13-16 REPEAT measures 9-12 moving backward to place.

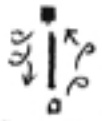


FIGURE III

- 1-8 As II above.
- 9-16 As II above but twice as fast (double time), two STEP-HOPS per measure.

FIGURES IV, V and VI

Each holding ends of rod in right hand, one man pass under rod of the other pair to form a cross with the rods. In this cross formation REPEAT Figures I, II and III.



Note: There are several Lithuanian Mikita dances for men (see Dances of Lieutva, pages 52-55). The extra music on LP-35 may be used for one of these longer versions, or for entrances and exists with the version described above.



MIKITA II (Muterų Mikita — the women's mikita)
(Longways or contra dance)

Formation: Longways or contra: six to eight couples (or pairs of women) in a line or "set", each opposite and facing partner about 6 feet apart.



Music 2/4

Measure

- 1-3 Three POLKA STEPS forward toward partner starting with hop on left foot.
- 4  Three STAMPS (left, right, left) in place (counts 1-and-2).
- 5-8 REPEAT measures 1-4 moving backward to original place.
- 9-16 Man 1 and foot woman (at other end of women's line) REPEAT measures 1-8, except they turn half around to move forward when returning to place.
- 17-23 Each line join hands in a circle and circle left once around with seven POLKA STEPS, and finish in original lines, facing partner.
- 24  Three STAMPS in place (counts 1-and-2).
- 25+ REPEAT measures 9-24 for man 2 with next-to-last woman, then for man 3 with third-from-last woman, etc.

ENDING

- 1-8 Both lines join hands in one large circle and circle right with seven POLKA STEPS then three STAMPS.
- 9-16 Circle left similarly, ending in original lines facing partner.
- 17-24 Lines forward-and-back as in the very beginning, except finish with a bow to partner instead of the stamps.