

# MILIA

(Lefkadha)

Lefkadha, off the west coast of Greece, is one of the Ionian Islands. These islands have received a great amount of influence from west Europe and Italy in their popular music. Lefkadha has been less receptive of this influence and in fact shows strong traits of the music and dance of the nearby mainland (eg. popularity of the tsamiko and kofto syrto). The local dance Milia meaning "apple tree", is here presented in two versions, each with alternating parts A & B.

MUSIC: Dances of the Greek Islands

RHYTHM: Part A 2/4; Part B 7/8 (3 2 2)  
ct 1 2 3

FORMATION: open circle. shoulder hold

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METER: PATTERN

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Meas

### VERSION 1 -- PART A

- 1 Facing ctr, Step R sdwd R (ct 1); Step L next to R (ct 2).
- 2 Step R to R (ct 1); Close touch L next to R (ct 2).
- 3 Step L to L (ct 1); Close touch R next to L ct (2).

### VERSION 1 -- PART B

- 1 Step R to R (ct 1); Step L slightly behind R (ct 2); Step R slightly Back (3).
- 2 (Leap) Step L fwd in front of R (ct 1); (rock) step R back into place (ct 2); Step L back near to R (ct 3).
- 3 Step R to R (ct 1); Step L across & in front of R (ct 2); Step R back into place (ct 3).
- 4 Step L back to the L (ct 1); Step R across & in front of L (ct 2); Step L back into place (ct 3).

### VERSION 2 - "Lemonia" variant/dance -- PART A

- 1 Step R to R (ct 1); Step L behind R (ct 2).
- 2 Step R to R (ct 1); Step L across & in front of R (ct 1&), Step R back in place (ct 2).
- 3 Step L back to L (ct 1); Step R across & in front of L (ct 1&), Step L back in place (ct 2).

### VERSION 2 -- PART B

- 1 Low leap R to R (dragging L knee slightly towards R)(ct 1); Step L back into place (ct 2); Step R across & in front of L (ct 3).
- 2 Step L to L (ct 1); Hold (ct 2); Low lift or touch R in front of L (ct 3); (or Step R slightly in front of L (ct 2); Step back onto L (ct 3)).

*Presented by Joseph Kaloyanides Graziosi at the Laguna Folkdancers Festival 1994*