



MILO MI E MAMO

Bulgaria

BACKGROUND: This dance is named after the original song and melody to which it is performed *Milo Mi E Mamo*. The song, often seen as the folk national anthem of Dobrudza, describes the characteristics of the Dobrudža, i.e. endless fields of corn and wheat. It is the *Pravo Horo* of Dobrudža and was originally introduced by Ivan Gavrilov, choreographer from Dobrič,


ORIGIN & STYLE: Dobrudža (North-East Bulgaria). The style is earthy, slight knee bent position and upper body and shoulder movements in coordination with the stamps.

METER 2/4  counted here as 


MUSIC: CD "Bulgarian Folk Dances – JL2009.02"

FORMATION: Open circle. Hand held at W-position

INTRODUCTION: 16 bars instrumental introduction

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u>	<u>Part 1 "Pravo"</u>
	1	1	facing ctr and moving sdwd,	
		2	step on R ft	
			2	step on L ft across in front of R ft
	2	1	step on R ft	
		2	bounce on R ft, moving L ft in an arc bkwd	
	3	1	step on L ft across behind R ft	
		2	bounce on L ft, moving R ft sdwd R	
	4-21		repeat action of meas 1-3 six more times	

Part 2 "Stamps"

	1-2		Facing diag R, moving in LOD	
			4 stamping steps on R,L,R,L	
	3	1	step on R ft	
		2	bounce on R ft, moving L ft in an arc bkwd	
	4	1	step on L ft across behind R ft	
		2	bounce on L ft, moving R ft sdwd R	
	5- 16		repeat action of meas 1-4 three more times	

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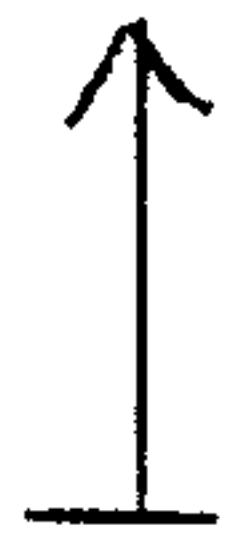
DIRECTION MEAS CT PATTERN Part 3 "Center"



1 1 Facing ctr, dancing in place,
step on R ft diag R
2 stamp L ft next to R ft, bending both knees and carry wt
momentarily on both ft



2 1 leap onto L ft diag L, kicking L ft up behind
2 drop R ft next to L ft



3 1 Facing and moving tw ctr
step on R ft
2 step on L ft

4-5 2 three-step RLR, LRL



6 1 Facing ctr, moving bkwd1
step on R ft
2 step on L ft

7 1 step on R ft, bending both knees
2 take L ft of the floor

8 1 step on L ft, bending both knees
2 taking R ft of the floor

9-16 repeat action of meas 1-8

DANCE ESQUENCE

Part 1 is always done to the vocal verses and Parts 2 & 3 to the instrumental interludes, i.e.:

Part 1 "Pravo"
Part 2 "Stamps"
Part 1 "Pravo"
Part 3 "Center"
Etc.

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Бързо

Ми- ло ми е, ма- мо, дра- го
ми е, тат- ко, в До- бру- джа да
и- да, през не- я да ми- на, || на.

The musical notation consists of three staves in a 2/4 time signature with a key signature of one flat (B-flat). The first staff begins with the tempo marking 'Бързо' (Allegro). The lyrics are written below the notes. The third staff includes first and second endings, marked '1.' and '2.' respectively, with repeat signs.

Мило ми е, мамо,
драго ми е, татко,
в Добруджа да ида,
през нея да мина.
Погледна нагоре,
погледна надолу,
гора зеленее,
шосе се белее,
полята широки,
блокове безкрайни,
златно жито зрее,
класове люлейе,
звена от младежи
сладичко си пеят,
сладичко си пеят,
весело живеят.
Хубаво е, мамо,
лете във Добруджа,
лете по полето,
есен по белянки, (2)
зиме по седянки.

Пяла Мариѝка Димова Петрова, 28 г., от с. Лозенец.