

MÎNÎNTELUL

Translation: Refers to something small, fast, tight, such as in "small change", equivalent to the Slavic, "sitno", "često", and the Hungarian "aprózó".

Record: Hungaraton SLPX 18031-32, 18033.

Formation: Couples in a "social" or "ballroom" position, either free about the dance area or in close contra-type lines.

Music: 4/4.

Meas    Cts

Pattern

INTRODUCTION    Same for men and women.  
(Warming up, getting up the courage...)

- 1    Step R to R.
- 2    Close L to R.
- 3    Step R to R.
- 4    Pause or lift L foot slightly.  
Reverse ftwk and direction of Meas 1.

The feeling is loose.  
The introduction is done 2 to 3 times.

WOMEN'S BASIC STEP

(Done throughout the dance except during the couple turn.)

- 1    Step L to L with accent.
- 2    Jump onto both feet, slightly apart with slight knee bend.
- 3    Close L to R (slight displacement).
- &    Step R to R.
- 4    Close L to R.  
Reverse ftwk and direction of Meas 1.

MEN'S VARIATIONS

- 1    Hop on L, raising R slightly fwd.  
(Variation: Slight twist to L.)
- 2    Stamp R slightly in front of L.
- 3    Step R to R.
- &    Close L to R.
- 4    Step R to R.  
Reverse ftwk and direction of Meas 1.

MININTELUL Men's Variations, cont.

II.

- 1     1     Click/close R against L.
- 2     Click/close L against R.
- 3     Step R to R.
- &     Step/close L to R.
- 4     Step R to R
- 2           Reverse ftwk and direction of Meas 1.

III.

- 1     1     Step R in place, or slightly to R.
- &     Click/close or stamp L next to R.
- 2     Step L in place or slightly to L.
- &     Click/close or stamp R next to L.
- 3     Step R to R, accent down.
- &     Close L to R.
- 4     Step R to R , accent down.
- &     Pause, click/close, or stamp L next to R.
- 2           Reverse ftwk and direction of Meas 1.

IV.

- 1     1-4   Seven small steps: R,L,R,L,R,L,R, pause. (Accent last R step.)
- 2           Reverse ftwk and direction of Meas 1.

COUPLE TURN

Couple turns clockwise with a buzz step:

- 1     Step plié fwd with R ft. (This movement is accentuated.)
- 2     Stamp L foot to L.

Direction may be reversed with or without reversing ftwk.  
(Whatever feels right!)

Usually the dancers travel 2 measures in 1 direction  
and then reverse direction.

Notes by Janet Raineck and Stephen Kotansky.  
Presented by Stephen Kotansky.