

## 1963 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Elsie Dunin

MISTA KOLO  
(Croatia, Yugoslavia)

SOURCE: Circle dance from Slavonia. Mista means a dance in place, or in one spot. Learned by Elsie Dunin in Yugoslavia, 1957.

MUSIC: Jugoton SY - 1007 45 rpm

FORMATION: Closed circle, hands on shoulders with stiff elbows. During Fig. 2 hands come down to low hand hold as circle moves in and out. Bodies are very tall and erect. Feet are kept parallel about 6" apart.

RHYTHM: 2/4

<u>Meas.</u>	<u>Ct.</u>	<u>Pattern</u>	
		Figure 1	
1	1	small stiff jump on to both feet	
	2	small bounce on feet )	
	&	small bounce on feet )	toes barely come off ground
2-12		Repeat Meas. 1 (eleven times more)	
		Figure 2	
1	1	step fwd with R	) 4 step-hops fwd.
	&	hop on R	
	2	step fwd with L	
	&	hop on L	) 4 step-hops fwd.
2		Repeat Meas. 1	
3	1	step bwd with R	) 4 step-hops bwd.
	&	hop on R	
	2	step bwd with L	
	&	hop on L	
4		Repeat Meas. 3	