

Mom Bar

(Armenia)

Translation: "Candle dance." Mom Bar is the final dance of a wedding party. It is a conclusion of the 3 days celebration and led by the groom. He carries a candle in one hand, which he blows out after finishing the dance to give the final signal that the feast has ended.

Observed at several wedding celebrations in Armenia. Also researched by Gary Lind-Sinianian and presented at Stockton Folk Dance Camp (USA) in 1986.

Pronunciation:

Music: Ararat - Armenian Dances'

Rhythm: 10/8 meter (3-2-2-3)

Formation: Little fingers interlocked, "low" W-pos, carrying a candle in the R hand, facing ctr.

Meas

Pattern

12 meas

INTRODUCTION

FIGURE

- 1 Step on R to R, knee bent, forearms moving R (cts 1-5); step on L beside R, forearms moving L (cts 6-7); step on R beside L, forearms moving back ctr (cts 8-10).
- 2 Small step fwd on L, knee bent, forearms moving slightly fwd toward the ctr (cts 1-5); step back on R, forearms moving R (cts 6-7); step on L beside R, forearms moving L (cts 8-10).
- 3 Touch ball of R ft across L to floor, upper body turning slightly diag L (bend L knee just before R touch, stretch on R touch) (cts 1-5); touch ball of R ft diag R to floor, upper body turning slightly diag R (bend L knee just before R touch, stretch on R touch)(cts 6-10).
- 4 Repeat meas 3.
- 5-6 Repeat meas 1-2.

Presented by Tineke van Geel
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