

Mom Bar

(Armenia)

(Notes based on found in the Folk Dance Problem Solver 1997, written by Ron Houston, these are slightly revised)

TRANSLATION: The Candle Dance

MUSIC: Candle Dance on Dantz Fever album, Dantz Records ST 61001

SOURCE: Eddie Jolalian

FORMATION: Open circle of dancers, leader at R. pinky finger hold. Hold a lit candle in your right hand.

METER: 10/8:

123	12	12	123
S	Q	Q	S

Dance forms the shape of crenellations (1/2 boxes) on the floor

Bar 1: Step R to R, hands move gently to the Right (S), close L next to R, hands return to place (Q), Step R to R hands move gently to Right(Q), pause, hands move back to neutral (S)

Bar 2 Step L Forward, hands move forward (S), close R next to L, hands move back to neutral (Q), Step L forward, hands forward (Q), feet pause, hands return to neutral (S)

Bar 3 repeat bar 1

Bar 4 Step L back, hands move gently backward (S), close R next to L, hands move forward to neutral (Q), Step L back, hands back (Q), feet pause, hands return to neutral (S)

QUICKNOTES[®]

Bar 1	S	Q	Q	S
	R	L	R	
	Step	Close	Step	pause
	→	→	→	●

Bar 2	S	Q	Q	S
	L	R	L	
	Step	Close	Step	Pause
	↑	↑	↑	●

Bar 3 same as 1

Bar 2	S	Q	Q	S
	L	R	L	
	Step	Close	Step	Pause
	↓	↓	↓	●