

Presented by Ching-Shan Chang

MONG-KU MU-KO  
Republic of China, Taiwan

Translation: Mongolian Nomad. This is a very famous Chinese folk song, describing the gallantry and bravery of nomadic tribes in the borderland. It is often used in folk dance contests. Though the steps vary individually according to the composers, all of the characteristics are the same. Mongolia is in the north of China, and is a desert region where people use horses and camels for transportation.

## PRONUNCIATION:

RECORD: C.C.S. 1980, Side \_\_\_\_\_, Band \_\_\_\_\_.

FORMATION: Individuals in a mixed circle, facing ctr. Both hands hand down as if grasping a horsewhip hold horizontally across in front of thighs.

METER: 4/4

PATTERN

Meas.

- 1 Point L toe twd ctr, at the same time turn R so that L shldr is twd ctr (ct 1), step L in place (ct 2), reverse cts 1-2 stepping R, still move twd ctr (cts 3-4).
- 2 Repeat meas 1.
- 3 Keep R shldr twd ctr, place L hand on hip and raise R arm over head as if holding up a whip. Beginning L, do 4 sliding steps (step-close) away from ctr. On each beat turn wrist as if wav-a whip.
- 4 Face ctr and stamp R, bring R arm down sharply as if striking ground with a whip on R side (ct 1-2), stamp R, whip ground on L side (cts 3-4).
- 5 Jump up and fwd, drop down with R in front of L, bend knees to 1/2 squat pos, R arm striks ground on R side (cts 1-2), reverse all movements of cts 1-2 (cts 3-4).
- 6 Repeat meas 5.
- 7 Stand up and turn R by stepping R bkwd out of circle (ct 1), lift L and pivot one (1) turn to R, finish with L shldr twd ctr (cts 2-3), step L beside R, R hand makes CW circle above head (ct 4).
- 8 Beginning R do 2 stamp-closes away from ctr, R arm is held over head, on each stamp flick whip twd wall.
- 9 Facing ctr with hands on hip, touch R heel diag R (ct 1), step R next to L (ct 2), touch L heel diag L (ct 3), step L next to R (ct 4).

*Continued...*

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- 10 Beginning with R do 4 running steps and turn once to R.
- 11 Facing ctr, step R fwd, clap hands fwd of chest (ct 1), pivot  $1/4$  to R and face R (ct 2), with L shldr twd ctr, point L ft - raise R hand over head, palm up; L hand in front of chest, palm down (ct 3), hold (ct 4).
- 12 Reverse meas 11.

INTERLUDE:

- 1 Step R to R, hands move to L, about chest ht (cts 1-2), step L to L, hands move to L (cts 3-4).
- 2 Take 2 step-closes to R, both hands over head with fingers bent, almost closed.

Repeat whole dance from beginning.