

MŪŽKA ŠOPSKO HORO

LAGUNA BEACH FOLK DANCE FESTIVAL INSTITUTE--1977

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One of many men's dances from the Shop region of western Bulgaria; this version is from the village of Draglevetsi, now a part of the capitol of Sofia. Danced in lines of not more than 12-15 dancers with belt hold. Style is light, sharp, and very quick. Music is 6/8; dancers' rhythm is 2/4. Leader calls patterns which are repeated until new pattern is called. Notated 8 dancers' beats per phrase.

Phrase Figure "Vodi"--Basic

- 1 Step in place on R ft (c 1); hop on R ft, lifting L ft slightly (c 2); rpt action of ct 1,2 on opp ft (c 3,4); hop in place on L ft (c 5); step in place on R ft (c 6); step in front of R ft on L ft (c 6); 3 quick rocking steps RLR in pos of ct 6 (c 7&8).
- 2 Rpt action of phrase 1 on opp ftwk.
- 3 Chug fwd twice on L ft, thrusting R ft fwd low with each chug (c 1,2); walk two steps fwd RL (c 3,4); rpt action of cts 1-4 (c 5-8)
- 4 Rpt action of cts 1-4 of phrase 3 (c 1-4); rpt action of cts 1,2 of phrase 3 (c 5,6); jump on both ft, heels turned out shoulder width apart (c 7); close ft together sharply (c 8).
- 5 Walk three steps bkwd RLR (c 1-3); hop on R ft, lifting L leg slightly (c 4); rpt action of cts 1-4 on opp ftwk moving bkwd (c 5-8).

"Gradi"--Build

- 1,2 Rpt action of phrase 1,2 of "Vodi".
- 3 Thrust R heel to floor crossing slightly over L ft, leaning body to R (c 1); leap to R on R ft, lifting L knee sharply fwd (c 2); rpt action of ct 1,2 on opp ftwk (c 3,4); rpt action of ct 1-4 (c 5-8).
- 4 Leap onto R ft, bringing R knee high fwd in circular motion (c 1); step fwd in front of R ft on L ft, using similar knee action on L leg (c 2); rpt action of ct 1,2 total of 3x (c 3-6). (Note: During leap onto R ft, both ft are pulled up under body); stamp R ft slightly fwd, both knees straight (c 7); hold (c 8).
- 5 Rpt action of phrase 5 of "Vodi".

"Podgoni"--Hesitate

- 1,2 Rpt action of phrase 1,2 of "Vodi".
- 3 Jump onto both ft, ball of R ft behind R heel, R leg turned out (c 1); hop fwd on R ft, bending R knee (c 2); rpt action of ct 1,2 (c 3,4); rpt action of ct 1 twice (c 5,6); rpt action of ct 1,2 (c 7,8).
- 4 Rpt action of phrase 3.
- 5 Rpt action of phrase 5 of "Vodi".

Presented by Richard Unciano
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