

# NA'ALE NA'ALE

Dance: S. Gov-Ari  
Music: Avihu Medina  
Formation: Circle

## PART I Face Center

- 1 - 4 Step R CCW and mayim step with L
- 5 - 6 Stamp R to right, step-cross L over
- 7 Hop L FWD
- 8 - 10 Repeat 5-7
- 11 - 12 Step R to right, cross L over
- 13 - 16 Fast Yemenite with R and L
- 17 - 32 Repeat 1-16

## PART II

- 1 - 2 Step R to right, cross L behind
- 3 - 4 Step R to right, slight hop on R and turn BWD thru right
- 5 - 8 Facing outside, fast yemenite L,R
- 9 - 16 Repeat 1-8 moving CCW with L, end facing center
- 17 - 32 Repeat 1-16

## PART III

- 1 - 4 Step into center R,L,R slight hop on R and turn BWD thru right
- 5 - 8 Repeat 1-4 moving out with L
- 9 - 10 Facing center, step R to right, close L, clap
- 11 - 12 Repeat 9-10
- 13 - 16 Full turn to right with R,L,R,L on line-of-direction
- 17 - 32 Repeat 1-16

## PART IV

- 1 Slight jump on R diagonal to right and center, knees and body bent
- 2 Repeat 1 with L
- 3 Repeat 1 with R and place L heel FWD, straight knee, weight on L
- 4 Step R FWD knee bent
- 5 - 8 Repeat 1-4 with opposite footwork and direction
- 9 - 10 Step R FWD to center, step L to center and turn BWD thru right
- 11 - 12 Facing out, step-bend R BWD, step L in place
- 13 - 14 Step-together-step FWD and out with R, body bend FWD, hands down
- 15 - 16 Repeat 13-14 BWD with L, bend body BWD, raising hands up
- 17 - 32 Repeat 1-16 moving out, end facing center on line-of-direction