

DANCE: NA'ALEH NA'ALEH
CHOREOGRAPHER: Shmuel Gov-Ari
MUSIC: Avihu Medina
STRUCTURE: One Stanza, 4 parts
FORMATION: Circle, holding hands, CCW

NOTES: Meter: 4/4

NOTATIONS: PART ONE (face center)

1 - 4 Step R CCW and Mayim step with L
5 - 6 Stamp R to right, step cross L over
7 - Hop L FWD
8 - 10 Repeat 5-7
11 - 12 Step R to right, cross L over
13 - 16 Fast yemenite with R and L
17 - 32 Repeat 1-16

PART TWO (face center)

1 - 2 Step R to right, cross L behind
3 - 4 Step R to right, slight hop on R and turn BWD thru right
5 - 8 Facing out side fast yemenite L, R
9 - 16 Repeat 1-8 moving CCW with L, end facing center
17 - 32 Repeat 1-16

PART THREE (face center)

1 - 4 Step into center R, L, R, slight hop on R and turn BWD thru right
5 - 8 Repeat 1-4 moving out with L
9 - 10 Facing center, step R to right, close L, clap
11 - 12 Repeat 9-10
13 - 16 Full turn to right with R.L.R.L on LOD
17 - 32 Repeat 1-16

PART FOUR (face center)

1 - Slight jump on R diagonal to right and center, knees and body bent
2 - Repeat 1 with L
3 - Repeat 1 with R, and place L heel FWD, straight knee, weight on L
4 - Step R FWD knee bent

5 - 8 Repeat 1-4 with opposite footwork and direction
9 - 10 Step R FWD to center, step L to center and turn BWD thru right,
11 - 12 Facing out, Step-bend R BWD, step L in place
13 - 14 Step-together-step FWD and out with R, body bent FWD, hands down
15 - 16 Repeat 13-14 BWD with L, bend body BWD, raising hands up
17 - 32 Repeat 1-16 moving out, end facing center, on LOD