

TRANSLATION : Dialect for "on a staff" or freely translated:
"in a row".

MUSIC : Cassette "Bulgarian Folk Dances"
Jaap Leegwater JL 1982.12. Side A. Nr.5.

BACKGROUND : This dance was notated in the village of Bjala Reka
in the area of Veliko Tŕnovovo in Northern Bulgaria
(Severniasko).
It is performed by the older women of the village.
It is also sometimes called *Kutsata* ("the cripple").
This refers to the swinging movement in Part 2.

FORMATION : Short lines. Hands in V-position.

METER : 7/8 : 1-2, 1-2, 1-2-3. Counted here as:
1 , 2 , 3 .

INTRODUCTION : 8 measures

MEAS PATTERN Part 1

- 1 Facing ctr and moving bkwd, hop on L ft (ct 1),
step on R ft (ct 2), step on L ft (ct 3)
- 2 repeat action of measure 1
- 3 hop on L ft in place, touching R toe sdwd R (ct 1-2),
hop on L ft, swinging R ft across in front of L leg (ct 3)
- 4 step on R ft sdwd R (ct 1), cross and step on L ft behind
R ft (ct 2), step on R ft sdwd R (ct3)
- 5-6 repeat action of meas 3-4, reversing ftwk and direction
- 7-8 two *Râčenica*-steps to the ctr (RLR, LRL)

Part 2

- 1 slight hop on L ft, extending R leg sdwd R (ct 1),
step on R ft sdwd R (ct 2), close and step on L ft next to
R ft (ct 3),
- 2 repeat action of meas 1
- 3 slight hop on L ft, extending R ft sdwd R (ct1),
step on R ft sdwd R (ct 2), swing L ft straight fwd and
close to the floor (ct 3)
- 4 swing L ft bkwd, bending L knee (ct 1-2),
swing L ft straight fwd and close to the floor (ct 3)
- 5-8 repeat action of meas 1-4, reversing ftwk and direction

SEQUENCE OF THE DANCE

Introduction : 8 measures
Part 1 4x (32 measures)
Part 2 4x (32 measures)
Part 1 3x (24 measures)

N.B. Finish the dance by changing last *Râčenica*-step into:
a leap on L ft (ct 1-2) followed by a close and stamp on
R ft next to L ft (ct 3).