

NAD ILAN - (Israel)

presented by Bea Montross

RECORD: Tikva 80

FORMATION: Circle, face ctr., hands joined

DANCE: Jonathan Karmon

4/4 meter

FIGURE I

- 1 Step on R in place (1), hold (2), touch L in front of R (3), hold (4)
- 2 Step on L bhnd. R (1), step to R on R (2), step across in front of R, face CCW (3), hold (4)
- 3 Step fwd. R (1), hold (2), step bwd. L (3), hold (4)
- 4 Walk 4 steps fwd. CCW - R-L-R-L (1-4)
- 5 Face ctr. - sway to the R (1), hold (2), sway to L (3) hold (4)
- 6 4 steps in place swaying R-L-R-L (1-4)
- 7-12 Rpt. meas. 1-6

FIGURE II

- 1 Step fwd. to ctr. on R (1), hop on R making 1/4 R turn (2), step-hop on L in place with L shld. twd. ctr. (3-4)
- 2 Step-hop in place on R turning 1/4 to L - end facing ctr. (1-2), step-hop bwd. on L (3-4)
- 3 Step fwd. twd. ctr. on R (1), step bwd. L (2), step-hop on R alongside L (3-4)
- 4 Rpt. meas. 3 Fig. II opp. Ftwk.
- 5-6 Rpt. Meas. 1 & 2 Fig. II
- 7 Step diag. fwd. R, raising arms high (1), hold (2), close L to R (3), hold (4)
- 8 Step diag. bwd. L, lowering arms (1), hold (2), close R to L (3), hold (4)

FIGURE III

- 1 Two step-hops CCW, R-L (1-4) end facing CW
- 2 Two step-hops bwd. R-L (1-4) end facing ctr.
- 3-4 Same as meas. 3 & 4 Fig. II
- 5-6 Same as meas. 1 & 2 Fig. III
- 7-8 Same as meas. 7 & 8 Fig. II but do not lower arms.

Rpt. dance from beginning