

# HORA KEFF 1997

## NADNEDI (MENADNEDET)

Dance by: Meir Shem-Tov  
Music by: Shlomi Shabbat

Formation: Circle

PART I: Face center  
1-4 Step R to R, hold, cross L behind R, R to R  
5-8 Cross L over R, hold, step R to R, cross L behind R  
9-14 Stamp on R to R and lift L knee high, hold, yemenite L  
15-16 Step R to R and pivot on R (to L) 3/4 turn to face LOD, step L  
17-24 Step fwd on R, hold, yemenite L back, sway R, sway L  
25-28 (Face center towards L diagonal) step-close R to L, hold, with legs together, twist heels to R and then to L  
29-32 Step back on R, hold, step back on L, hold  
33-64 Repeat counts 1-32

TRANSITION:  
1-4 Yemenite R  
5-8 Step L to L, full turn to R in 3 steps, RLR  
9-16 Open R to R, hold, cross L over R, hold, step back on R, hold, step L to L, hold

PART II:  
1-4 Full R turn to center in 2 slow steps, RL  
5-8 Step-together-step to center, RLR  
9-16 Fast cherkessia L fwd, step fwd on L, step-close R near L, step R fwd, step-close L near R  
17-24 Stamp R to center while turning R shoulder diagonally to center, hold, step-together-step (LRL) to L (away from center), hold, two hops on L to L to face center  
25-32 Step-together-step RLR bwd, hold, yemenite L back  
33-64 Repeat Part II, counts 1-32  
65-80 Repeat Transition