

NARE
(Turkey)

Pronunciation: nah-REH

Nare is a name of a beautiful village girl in Van. Dance comes from Van (Eastern Turkey), and is in the Halay style.

Cassette: Tamara 89, AL 003 Side B/8 6/4 meter

Formation: Line, little finger hold. "W" pos.

MeasPattern

2 meas INTRODUCTION.

Fig 1A

1 Facing ctr, touch L heel half ft fwd (ct 1); step on L, turn LOD, bring arms down, R elbow straight, bent L elbow on the back (ct 2); touch R heel (ct 3); step on R fwd (ct 4); touch L heel (ct 5); step fwd on L (ct 6).

Fig 1B

1 Touch R toe fwd (ct 1); step back on R (ct 2); step back on L (ct 3); step back on R (ct 4); step back on L start turning to ctr (ct 5); step on R in place, turn ctr, drop arms down (ct 6).

Fig 1C

1 Touch L toe back, swing arms back (ct 1); step on L fwd, bring arms fwd parallel to the ground, straight elbows (ct 2); touch R toe fwd (ct 3); step R back (ct 4); touch L toe in the side of R (ct 5); bring L fwd and step on it bouncy, both knees bent (ct 6).

Fig 1D

1 Two quick jumps on both ft, L is in front (cts 1,&); bend both knees and bounce in place (ct 2); repeat cts 1,&,2 (cts 3,&,4); jump on both in place, bring back to the orig place, bent elbows (ct 5); stay in pos (ct 6).

To finish the dance on ct 5 bring L back to side of R and say "HEY".

Presented by Ahmet Lüleci

