

# NARODNO HORO

(Bulgaria-Macedonia)

Narodno Horo (Nah-ROHD-noh hoh-ROH) means National Horo. This dance was introduced by John Filcich at the University of the Pacific Folk Dance Camp, 1956. He learned it from the Macedonian-Bulgarian colony in San Francisco. There are many variations to the dance as it is done in this country.

MUSIC: Record: Xopo 45-303-B; Nasha Pesen 595

FORMATION: Open circle, leader at R end. Hands are joined (palms down) just below shoulder height and extended slightly twd ctr of circle. The leader may wave a knotted handkerchief in his extended R hand.

STEPS AND Step-hop\*, two-step\*

STYLING: Steps are rather large and free in character, but W always dance in a more restrained manner than M.

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MUSIC 2/4

PATTERN

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Measures

## INTRODUCTION

The dance may begin on ct 1 of any measure.

## I. THE DANCE

- 1 Facing diag R of ctr, move in LOD. Step R (ct 1), hop R (ct &), step L (ct 2), hop L (ct &).
- 2 Face ctr and step R to R (ct 1), step L across behind R (ct &), step R to R (ct 2), close L to R, no wt (ct &).
- 3 Repeat action of meas 2 with opp ftwork, moving RLOD.  
Repeat dance from beginning.

## VARIATIONS

Meas 1: Leader may turn CW while doing the 2 step-hops.

The step-hops may be replaced by 2 fast running two-steps (R, L, R; L, R, L).

Meas 3: M ONLY: Step L to L (ct 1); bending R knee, bring R across in front of L with semi-circular motion (ct &); place ball of R ft in front of and just beyond L (ct 2); hold (ct &).

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