

Naroy Naroy

(Armenia)

Naroy is a man's name. The dance is an example of the style of dances of the Shoror family. Shoror literally means a to and fro movement of the torso. A traditional dance from Sasoun and Moush region (present Turkey). Taught by Liudvig Poghosian (dance tour to Armenia, May 2007).

Pronunciation: NAHR-oh-ee NAHR-oh-ee

Music: *Barev-Armenian Dances*, Band 4 (traditional) and Band 5 (modern). 6/4 meter

Formation: Closed circle, little fingers interlocked, arms in W-pos a little forward, facing ctr.

Steps & Styling: Bouncing at every step, knees bent (down, up, down, up—four movements of equal length to a 6-ct meas. When arms move to R, lean the upper body slightly to L, watch R hand. Reverse movement when arms move to L. For notation purposes the bouncing in the steps is not written down, but is executed on each step or touch. On sway/bounce there is no hip motion.

Meas

Pattern

2 meas INTRODUCTION: Start when the singing starts.

FIGURE

- 1 Step on R to R, forearms moving slightly to R (cts 1-3); Step on L across R, forearms moving slightly to L, torso leans slightly fwd (cts 4-6).
- 2 Step on R to R, forearms moving slightly to R, torso back in orig pos (cts 1-3); touch ball of L ft fwd, arms come back to orig pos.
- 3 Sway/balance on L to L (R ft stays on the floor), torso leans slightly sdwd R, watch the L hand (cts 1-3); sway/balance on R to R (L ft stays on the floor), torso leans slightly sdwd L, watch R hand (cts 4-6).
- 4 Repeat meas 3 cts 1-3 (cts 1-3); touch ball of R ft beside L, arms come back to orig pos (cts 4-6).

In the traditional musical version of Naroy Naroy, during meas 3 & 4, you can sing: "Naroy Naroy Naroy Djzan (dear)." Often Naroy Naroy is followed by a Ver Veri (6/8).

In the modern musical version there is a pause during the song. This pause means that the sway on R is maintained a little longer and after the pause meas 4 is continued.

Presented by Tineke van Geel